ANGER, AGGRESSION, AND VIOLENCE

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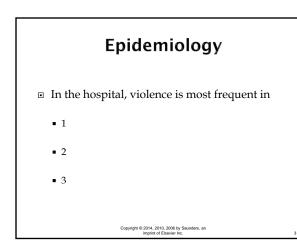
Anger and Aggression

Anger

An emotional response to

¤ 1.

- □ 2.
- □ 3.
- \blacksquare Aggression
 - Action or behavior that results in...

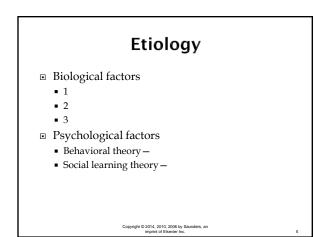




Posttraumatic stress disorder (PTSD)

- Substance abuse disorders
- Coexists with
 - 1
 - **2**
 - 3
 - 4

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Application of the Nursing Process

Assessment

- General assessment
- Trauma-informed care
- Self assessment

An adult with paranoia becomes agitated and threatens to assault a staff person. Select the best initial nursing intervention.

- A. Tell the patient, "If you do not calm down, seclusion will be needed."
- B. Address the patient with simple directions and a calming voice.
- C. Help the patient focus by rubbing the patient's shoulders.
- D. Offer the patient a dose of antipsychotic medication.
- E. Reorient the patient to the time and place.

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Case Study

- A new nurse asks a coworker which patients are most likely to become aggressive or angry.
- What are some risk factors that may predict violent behavior?

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Nursing Process (Cont.)

- Nursing diagnoses
 - Ineffective coping
 - Stress overload
 - Risk for self-directed violence
 - Risk for other-directed violence

Nursing Process (Cont.)

Outcomes identification

- Implementation
 - Psychosocial interventions
 - Considerations for staff safety
 - Pharmacological interventions

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Case Study (Cont.)

What are some ways this new nurse can keep himself or herself safe while working?

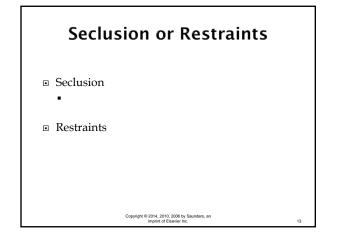
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Implementation (cont'd) Health teaching and health promotion

- Case management
- Teamwork and safety

° 1.

□ 2.



Guidelines for Use of Mechanical Restraints

- Indications for use
- Legal requirements
- Documentation
- Clinical assessments
- Observation
- Release procedure
- Restraint tips

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Case Study (Cont.)

- A patient becomes violent and must be placed in restraints.
- What questions need to be asked after this incident?



- Overwhelmed patients
- Patients with marginal coping skills
- Patients in inpatient psychiatric settings
- Patients with cognitive deficits
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Audience Response Questions

- 1. A violent patient is restrained. What is the nurse's first priority?
 - A.Debrief the patient
 - B. Ensure the patient's safety
 - C. Administer a sedating medication
 - D.Obtain an order from the health care provider

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Audience Response Questions

- 2. Which patient behavior is a criterion for mechanical restraint?
 - A. Screaming profanities
 - B. Assaulting a staff person
 - C. Refusing a medication dose
 - D. Throwing a pillow at another patient