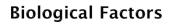


# Suicide

Intentional act of killing oneself by any means

- Tenth leading cause of death
  - Fourth leading cause of death among children 10 to 14 years of age
  - Third leading cause of death in 15 to 24 age group
  - Fourth leading cause of death in 25 to 44 age group
  - Eighth leading cause of death in 45 to 64 age group

	<b>Risk Factors</b>	
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
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Suicidal behavior tends to...

Low serotonin levels

# **Psychosocial Factors**

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- $\square$  Freud ...
- Menninger
  - Wish to kill
  - Wish to be killed
  - Wish to die
- Aaron Beck ...
- Recent theories -...

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# **Cultural Factors**

- Protective factors
  - African Americans
  - ...
  - Hispanic Americans
     ...
  - Asian Americans
    - ...

# **Societal Factors**

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□ Oregon's Death with Dignity Act of 1994 -

- Washington state –
- □ Netherlands –
- Belgium –
- Switzerland –

Application of the Nursing Process
 Assessment

 Verbal and nonverbal clues
 1
 2
 Lethality of suicide plan
 Assessment tools

 1
 Self assessment

Case Study

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- You are worried about a close friend who recently broke up with a boyfriend. She is taking the breakup very hard and seems depressed.
- What are some questions you could ask to assess for suicide ideation?

#### Assessment Tools SAD PERSONS Scale

Uses 10 major risk factors to assess suicidal potential

1	6
2	7
3	8
4	9
5	10

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#### Application of the Nursing Process

- Diagnosis (Table 26-3)
- Risk for suicide
- Outcomes identification (Table 26-4)
   Suicide self-restraint
- Implementation

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# Levels of Intervention

- Primary ...
- □ Secondary ...

□ Tertiary – ...

#### Interventions

- Teamwork and safety
- Counseling
- Health teaching and health promotion
- Case management
- Pharmacological interventions
- Post-intervention for survivors...

#### **Advanced Practice Interventions**

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- Psychotherapy
- Psychobiological interventions
- Clinical supervision
- Consultation

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# **Question 1**

A patient is hospitalized with major depression and suicidal ideation. He has a history of several suicide attempts. For the first 2 days of hospitalization, the patient eats 20% of meals and stays in his room between groups. By the fourth day, the nurse observes that the patient is more sociable, is eating meals, and has a bright affect. Which factor should the nurse consider?

# Question 1 (Cont.)

- A. The patient is showing improvement and may be ready for discharge.
- B. The patient may have decided to commit suicide; the nurse should reassess suicidality.
- C. The patient is feeling rested, supported by the therapeutic milieu, and less depressed.
- D. The patient is benefiting from the antidepressant he has been taking for 4 days.

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Nonsuicidal Self-Injury
Prevalence
Comorbidity
Etiology

Biological factors
Cultural factors
Societal factors

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### **Audience Response Questions**

- 1. A person with which psychiatric problem is most likely to complete suicide?
  - A. Personality disorder
  - B. Major depression
  - C. Substance abuse
  - D. Schizophrenia

#### **Audience Response Questions**

- 2. Which method of suicide has the highest lethality?
  - A. Cutting one's wrists
  - B. Overdose of medication
  - C. Self-inflicted gunshot wound