

PTEC-156: PRINCIPLES & PRACTICE FOR PSYCHIATRIC TECHNICIANS 3

Effective Term

Fall 2024

CC Approval

03/01/2023

AS Approval

03/12/2023

BOT Approval

03/21/2023

SECTION A - Course Data Elements

Send Workflow to Initiator

No

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications

And/Or

Psychiatric Technician (Any Degree and Professional Experience)

Subject Code

PTEC - Psychiatric Technician

Course Number

156

Department

Psychiatric Technician (PTEC)

Division

Health Occupations (HEOC)

Full Course Title

Principles & Practice for Psychiatric Technicians 3

Short Title

Prin & Pract Psych Tech 3

CB03 TOP Code

1239.00 - *Psychiatric Technician

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

Rationale

Update hours and content.

SECTION B - Course Description

Catalog Course Description

A course designed to prepare the student for eligibility for licensure as a Psychiatric Technician in the State of California. Includes: Role of Psychiatric Technician, Psychopharmacology, Mental Health Nursing I and II, Management of Assaultive Behaviors, Clients Rights, Psychophysiological, Neurotic and Psychotic Disorders, Group Therapy, Crisis Intervention, Suicide, Substance Abuse, Domestic Violence, Personality Disorders, Eating Disorders, Mood Disorders, Organic Mental Syndrome and Leadership/Supervision.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites

Prerequisite(s)

Completion of PTEC-150 and PTEC-155 with a minimum grade of C.

Corequisite(s)

Concurrent enrollment in or previous completion of PSYC-124 with a minimum grade of C.

Requisite Justification

Requisite Description

Course in a Sequence

Subject

PTEC

Course

150

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

1. Complete a physical assessment.
2. Identify signs and symptoms of physical disorders
3. Develop a plan of care to meet the needs of the patient with a physical illness
4. Ability to give total patient care to the person with physical illness

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

Requisite Description

Course in a Sequence

Subject

PTEC

Course

155

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

1. Complete a physical assessment.
2. Identify signs and symptoms of physical disorders
3. Develop a plan of care to meet the needs of the patient with a physical illness
4. Ability to give total patient care to the person with physical illness

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

Requisite Description

Course Not in a Sequence

Subject

PSYC

Course #

124

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

- To have an understanding of the complex dynamics of human behavior
- To recognize maladaptive behaviors

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

SECTION D - Course Standards**Is this course variable unit?**

No

Units

12.00

Lecture Hours

110

Lab Hours

318

Outside of Class Hours

220

Total Contact Hours

428

Total Student Hours

648

Distance Education Approval**Is this course offered through Distance Education?**

No

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Accurately perform and document basic nursing skills, including medication pass without error, basic physical and mental assessments and interventions while prioritizing patient care.
2.	Ethically advocate for patients with mental illness, forensic concerns, and developmental disabilities in all settings, assuring patient's rights, privacy, dignity and confidentiality.
3.	Develop leadership and supervision skills and identify need for crisis intervention using the least restrictive measures.
4.	Effectively participate in a therapeutic environment and communicate in a professional and respectful manner.
5.	Identify medications by their trade and generic names.
6.	Identify side effects of medications and signs and symptoms of life-threatening side effects.
7.	Identify various psychiatric diseases
8.	Pass the state board exam for licensure as a psychiatric technician.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Recognize the human being as an individual who is growing, who has physical and emotional needs, and who lives in a social context.
2.	Evaluate the nature of the person with whom he is working as having alterations in psychosocial functioning.
3.	Analyze deviant behavior including the biological, sociological and psychological factors which influence the functioning of the individual.
4.	Develop an awareness of self and learn to evaluate the importance of his/her impact on others.
5.	Develop a set of attitudes and to begin to practice skills, which are consistent with therapeutic interactions and interventions.
6.	Operate as a contributing member of the mental health team.
7.	Utilize theory-based knowledge for making judgments in the clinical setting.
8.	Learn the various psychiatric medications, their trade and generic names, their use, therapeutic dosages, common side effects, life threatening side effects, and signs and symptoms of toxicity.
9.	Identify various psychiatric diseases and their treatments.
10.	Accurately perform and document basic nursing skills, including medication pass without error, basic physical and mental assessments and interventions while prioritizing patient care.
11.	Effectively participate in a therapeutic environment and communicate in a professional and respectful manner.

Course Content

1. Introduction and Objectives
2. Role of the Psychiatric Technician
3. Psychopharmacology
4. Management of Assaultive Behaviors
5. Mental Health Nursing I and II
6. Clients' Rights
7. Stress, Coping and Defense Mechanisms
8. Anxiety Disorders
9. Organic Mental Syndrome
10. Personality Disorders
11. Domestic Violence
12. Crisis Interventions/suicide
13. Mood Disorders
14. Sexual Disorders
15. Group Therapy
16. Substance Abuse
17. Eating Disorders
18. Leadership and Supervision
19. Behavioral Modification

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	
Discussion	
Field Experience	
Lecture	
Other	Projects

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Other	Objective testing, observation of clinical practice, individual interviews and counseling and consultation with agency personnel. Example 1. Clinical instructor will observe student pass medication to a patient with 100% accuracy. Example 2. Meet with unit supervisor and student once a week and review student progress in meeting clinical objectives.

Assignments

Reading Assignments

Textbooks

Journals

Patient records

Nursing policy and procedure manual

Example 1. Look up in the nursing policy and procedure manual the procedure for releasing a patient from seclusion and restraint.

Example 2. Read the case study (clinical example) on page 926 and then write 2 nursing interventions for this case.

Writing Assignments

One paper for leadership and supervisor.

One paper for psychiatric conditions.

Other Assignments

Preparing for class discussion and application to patient care and assignment related to various age groups requiring critical thinking.

Example 1.

Student will take an online psychiatric board test, specific to psychiatric nursing, each week and pass with a 75% or better score.

Example 2.

Student will do daily written description of a patient maladaptive behavior and then enter nursing interventions using critical thinking skills.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

Halter, M.

Title

Foundations of Psychiatric-Mental Health Nursing

Edition/Version

8th

Publisher

Elsevier

Year

2018

Material Type

Other required materials/supplies

Description

1. Drug Guide
2. Medical Dictionary
3. PTEC 156 Module, Instructor Generated

Proposed General Education/Transfer Agreement

Do you wish to propose this course for a Local General Education Area?

No

Do you wish to propose this course for a CSU General Education Area?

No

Do you wish to propose this course for a UC Transferable Course Agreement (UC-TCA)?

No

Course Codes (Admin Only)

ASSIST Update

No

CB00 State ID

CCC000080910

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No