

NURS-131: VOCATIONAL NURSING 1

Justification for this inactivation request

Course being archived due to program archival.

Effective Term

Fall 2025

CC Approval

03/07/2025

AS Approval

03/13/2025

BOT Approval

03/20/2025

COCI Approval

04/20/2025

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Nursing Science/Clinical Practice (Any Degree and Professional Experience)	

Subject Code

NURS - Nursing

Course Number

131

Department

Nursing

Division

Health Occupations (HEOC)

Full Course Title

Vocational Nursing 1

Short Title

Vocational Nursing 1

CB03 TOP Code

1230.00 - *Nursing

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

SECTION B - Course Description

Catalog Course Description

This is the first course in a series of three semesters designed to prepare the student for eligibility for licensure as a Vocational Nurse in the State of California. Introduces role of Vocational Nurse, fundamental nursing skills, medical terminology, administration of medication including injections, lab values, Preoperative and Postoperative care, Pediatrics I, Maternity I, Gerontological nursing and care of the patient with Peripheral Vascular System Disorders I. Transfers to: CSU

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites

Prerequisite(s)

Completion of ENGL-120, HEOC-100, HEOC-101, MATH-93, and PSYC-125 with a minimum grade of C, and a Current Certified Nursing Assistant (CNA) certificate from California.

Corequisite(s)

Concurrent enrollment in HEOC-172.

Limitation on Enrollment

High School Graduate or Equivalent
Orientation Meeting

Requisite Justification

Requisite Description

Course Not in a Sequence

Subject

ENGL

Course

120

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

Knowledge of:

- Tissues and organs of the body
- Structure and function of the body organs
- Body systems and the organs involved within each system
- Functioning of each body system

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

Ability to read, write and work computations at twelfth grade level as required by Board of Vocational Nursing and Psychiatric Technicians (outside accrediting agency). All foreign transcripts and equivalency must be evaluated and supply school with a official transcript or evaluation.

Requisite Description

Course Not in a Sequence

Subject

HEOC

Course

100

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

Knowledge of:

- Tissues and organs of the body
- Structure and function of the body organs
- Body systems and the organs involved within each system
- Functioning of each body system

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

Ability to read, write and work computations at twelfth grade level as required by Board of Vocational Nursing and Psychiatric Technicians (outside accrediting agency). All foreign transcripts and equivalency must be evaluated and supply school with a official transcript or evaluation.

Requisite Description

Course Not in a Sequence

Subject

HEOC

Course #

101

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

Knowledge of:

- Tissues and organs of the body
- Structure and function of the body organs
- Body systems and the organs involved within each system
- Functioning of each body system

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

Ability to read, write and work computations at twelfth grade level as required by Board of Vocational Nursing and Psychiatric Technicians (outside accrediting agency). All foreign transcripts and equivalency must be evaluated and supply school with a official transcript or evaluation.

Requisite Description

Course Not in a Sequence

Subject

MATH

Course #

93

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

Knowledge of:

- Tissues and organs of the body
- Structure and function of the body organs
- Body systems and the organs involved within each system
- Functioning of each body system

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

Ability to read, write and work computations at twelfth grade level as required by Board of Vocational Nursing and Psychiatric Technicians (outside accrediting agency). All foreign transcripts and equivalency must be evaluated and supply school with a official transcript or evaluation.

Requisite Description

Course Not in a Sequence

Subject

PSYC

Course #

125

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

Knowledge of:

- Tissues and organs of the body
- Structure and function of the body organs
- Body systems and the organs involved within each system
- Functioning of each body system

This course is required and approved by the California Board of Vocational Nursing and Psychiatric Technicians

Ability to read, write and work computations at twelfth grade level as required by Board of Vocational Nursing and Psychiatric Technicians (outside accrediting agency). All foreign transcripts and equivalency must be evaluated and supply school with a official transcript or evaluation.

Requisite Description

Course Not in a Sequence

Subject

HEOC

Course #

172

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

- Ability to calculate drug dosage using Apothecary and Metric System of measurement
- Knowledge of drug classifications and the most common drugs used in each classification
- Skill to administer medications following practice and procedure
- Understand laws governing administration of medication

SECTION D - Course Standards
Is this course variable unit?

No

Units

13.00

Lecture Hours

126.00

Lab Hours

324.00

Outside of Class Hours

252

Total Contact Hours

450

Total Student Hours

702

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Emergency Only

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Use the Nursing Process at an introductory level to promote health and provide care for patients with stable health alterations.
2.	Identify legal and ethical standards of safe practice in the patient centered relationship.
3.	Identify basic principles of informatics and effective therapeutic communication to collaborate with patients.
4.	Identify evidence-based information to guide patient centered care.
5.	Provide patient centered care for patients in a safe manner.
6.	Identify the attitudes and values of a professional nurse.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Demonstrate advocacy & therapeutic communication.
2.	Understand legal and ethical concepts of nursing.
3.	Perform physical assessments.
4.	Utilize the nursing process and document in the medical record using appropriate medical terminology.
5.	Practice safety, asepsis, and body mechanics.
6.	Perform obtaining accurate vital signs, ADLs, and therapeutic interventions (like specimen collection, trach care, NG tube insertion and care, care of the dying, wound care, safe and accurate medication administration) to geriatric, adult, and pediatric clients.
7.	Demonstrate basic understanding of fluids and electrolytes, lab values and their implications.

Course Content**Unit A****Introduction to Nursing**

1. Vocabulary
2. Nursing and Nursing Care
3. Health-Illness Continuum
4. Patients' Advocacy
5. Patients' Rights
6. Roles of the Health Care Team

Unit B**Communication**

1. Definition and Purpose
2. Verbal communication
3. Nonverbal Communication
4. Components of an Interaction
5. Attentive Listening
6. Therapeutic Techniques
7. Non-Therapeutic Techniques
8. Phases of the Interaction

Unit C

The Nurse, Law, Ethics

1. Vocabulary
2. Code of Ethics
3. Nurse Practice Act
4. Responsibilities of the California State Board of Nursing
5. Professional Organization

Unit D

Physical Assessment

1. Purpose and Methods of Physical Assessment
2. Types of Symptoms
3. Equipment Used and Techniques of Exam
4. Preparing the Patient
5. Observations of General Appearance
6. Terms Used in Head-to-Toe Assessment
7. Physical Inspection Guidelines

Unit E

The Nursing Process

1. Facts Related to the Nursing Process
2. Assessment Phase
3. Nursing Diagnosis
4. Planning Phase
5. Implementation Phase
6. Evaluation Phase
7. Preliminary Nursing Process Worksheet

Unit F

Psychosocial Concepts

1. Vocabulary
2. Factors About Sensory Stimulation and Sensory Perceptual Awareness
3. Assessment and Identification of Sensory-Perceptual Status
4. Interventions to Maintain and Promote Optimal Sensory Stimulation
5. Self-Concept
6. Altered Self-Concept
7. Essentials to Restore the Patient's Self-Esteem and Self-Concept
8. Spirituality

Unit G

The Patient's Record

1. Observation and Charting
2. Admissions
3. Transfers
4. Discharges
5. Charting Guidelines
6. Charting Details for Advanced Procedures
7. Charting Details for Nursing Assistants
8. Terminology To Be Used

9. Charting Forms
10. Assignment for the Graphic Record

Unit H

Safety

1. Health Protection
2. Assessing Potential for Injury
3. Interventions for Specific Hazards: Fire, Restraints, Accidents
4. Environmental Control

Unit I

Assessing Vital Signs (V.S.)

1. Importance of Assessing V.S.
2. Temperature
3. Pulse
4. Respirations
5. Blood Pressure
6. Recording and Treating Abnormalities
7. Neuro Checks

Unit J

Asepsis

1. Vocabulary
2. Factors in Chain of Infection
3. Characteristics and Transmission of Organisms
4. Infectious Process
5. Normal Body Defenses
6. Factors Affecting the Risk of Infection
7. Protecting Body Defenses
8. Disinfection and Sterilization
9. Handwashing
10. Protective Asepsis – Isolation
11. Surgical Asepsis – Dressing Change
12. Sterile Gloving
13. Infection Control

Unit K

Principles of Body Mechanics

1. Concepts Related to Mobility
2. Factors Affecting Mobility and Immobility
3. Physiologic Responses
4. Range of Motion
5. Planning and Implementing Exercises
6. Body Alignment
7. Body Mechanics and Ambulation
8. Repositioning and Transferring the Patient
9. Ambulation Guidelines
10. Crutch Walking and Aids for Walking

Unit L

Activities of Daily Living (A.D.L.)

1. Hygiene
2. Skin Care/
3. Baths
4. Back rub
5. Feet
6. N

7. Mouth
8. Hair
9. Eyes
10. Hospital Beds and Related Equipment
11. Bedmaking
12. Nutrition
13. Fluid Intake-Output
14. Fecal Elimination
15. Urinary Elimination
16. Rest and Sleep

Unit M

Providing Physical and Emotional Comfort

1. Pain: Assessment, Planning, Intervention, and Management
2. Application of Heat and Cold

Unit N

Therapeutic Interventions

1. Specimen Collection – I & O
2. Testing Urine – Feces
3. Catheterization
4. Enemas
5. Oxygen Administration
6. Suctioning Oral/Nasal
7. Trach Suctioning/Care
8. Nasogastric Tube Insertion: feeding/removal
9. Irrigations – Instillations

Unit O

Care of the Dying Patient

1. Vocabulary
2. Loss Reaction
3. The Grieving Process
4. Dysfunctional Grieving
5. Signs of Approaching Death
6. Physiological and Psychological Needs
7. Body Changes and Care After Death

Unit P

Wound Care

1. Wound Care – pre and post op
 - a. Dressing
 - b. Drains
 - c. Skin Closure
2. Bandage & Binders

Unit Q

Medical Terminology

Unit R

Gerontological Nursing

Unit T

Peripheral Vascular I

Unit U

Pre and Post-Op Care

Unit V

Pediatric I

Unit W

Medication Administration

Unit X

Fluid and Electrolytes I

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	Assigned case studies
Discussion	Interactive
Lab	Skills lab, Simulation Lab/Clinical
Lecture	Use of props, video, discussion groups in class
Observation and Demonstration	Laboratory/clinical activities
Other	Clinical Experience

Online Adaptation

Types	Examples of learning activities
Discussion	
Lecture	

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
E-mail Communication
Telephone Conversations
Video or Teleconferencing

Student-Initiated Online Contact Types

Discussions

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Unit exams Standardized instrument objectively measuring student knowledge - standardized tests.
Essays/Papers	Care plans; assigned topics
Homework	Reading assignments; self-study modules
Lab Activities	Skills lab; simulation lab
Other	Evaluation in lab and clinical practice

Assignments

Reading Assignments

Textbooks
Journal Articles
Patient Records
Policy and Procedure manuals

Writing Assignments

Nursing Care Plans
Documentation in the patient care record
Testing

Outside-of-Class Assignments

Online research and article review

Nursing/medical article critiques

Written papers based on criteria, describing clinical experiences

Classroom presentations of assigned topics

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

deWit, S.C.

Title

Fundamentals of Nursing

Edition/Version

4th

Publisher

Saunders/Elsevier

Year

2014

Material Type

Textbook

Author

Linton, A.D.

Title

Introduction to Medical-Surgical Nursing

Edition/Version

7th

Publisher

Saunders/Elsevier

Year

2020

Material Type

Textbook

Author

Leifer, G.

Title

Introduction to Maternity & Pediatric Nursing

Edition/Version

7th

Publisher

Saunders/Elsevier

Year

2015

Material Type

Other required materials/supplies

Description

1. Student Handbook (Instructor generated)
2. Syllabus (Instructor generated)
3. Medical Dictionary
4. Lab Tests & Diagnostic Tests Resource
6. Watch with second hand
7. Stethoscope
8. School Appropriate Uniform
9. Mosby's Nursing Skills videos (DVD set)
10. Access to Elsevier Case Studies
11. Access to Standardized Testing
12. Scantrons

SECTION G - Diversity, Equity and Inclusivity**Course Codes (Admin Only)****CB00 State ID**

CCC000186475

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No