NURS 154 - Mental Health Nursing Care Course Outline

Approval Date:
Effective Date: 01/16/2018

SECTION A

Unique ID Number
Discipline(s) Nursing
Nursing Science/
Division Health Occupations
Subject Area Nursing
Subject Code NURS
Course Number 154
Course Title Mental Health Nursing Care
TOP Code/SAM Code 1230.10 - Nursing - Registered Nurse Training (RN, ASN, BSN, MSN)* / -
Rationale for adding this course to the curriculum Approved by CA Board of Registered Nursing 1/2017.
Units 4.5
Cross List *N/A*
Typical Course Weeks 7

Total Instructional Hours

	Contact Hours
Lecture	48.00
Lab	100.00
Activity	0.00
Work Experience	0.00
Outside of Class Hours	96.00

Total Contact Hours 148

Total Student Hours 244

Open Entry/Open Exit No

Maximum Enrollment 20

Grading Option Letter Grade Only

Distance Education Mode of Instruction Hybrid

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description Using concepts and skills previously introduced, this course focuses on the use of nursing process in caring for patients, patient centered groups, and communities with actual mental illness and those with potential psychosocial alterations. Emphasis is placed on therapeutic communication and group communication.

Schedule Description This 7 week course consists of 48 hours of lecture and 100 hours of clinical.

SECTION D

Condition on Enrollment

1a. Prerequisite(s)

-

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

  A. Apply the nursing process to care for clients experiencing psychosocial alterations.

  B. Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.

  C. Utilize various models of therapeutic communication with clients, including the use of informatics.

  D. Utilize theory and evidence-based knowledge to guide nursing practice

  E. Devise patient centered care focused on mental health in collaboration with the interdisciplinary team in a variety of settings.

  F. Display professional attitudes and values that demonstrate growth and self-development.

2. Course Objectives: Upon completion of this course, the student will be able to:

  A. Apply the nursing process to care for clients experiencing psychosocial alterations.

  B. Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.

  C. Utilize various models of therapeutic communication with clients, including the use of informatics.

  D. Utilize theory and evidence-based knowledge to guide nursing practice.

  E. Devise patient centered care focused on mental health in collaboration with the interdisciplinary team in a variety of settings.

  F. Display professional attitudes and values that demonstrate growth and self-development.

  G.

3. Course Content

Using nursing threads, concepts and skills previously introduced in Nurs 151 and Nurs 152, this course focuses on the use of nursing process to provide caring for patients, patient centered groups and communities with actual mental illness and those with potential psychosocial alterations. Emphasis is placed on therapeutic communication and group communication. Community care for the person with mental health issues and their families will also be covered.

Major concepts/ topics discussed within this course will include, but is not limited to:

- biological and psychosocial models of mental health / disorders
- legal & ethical issues in mental health: involuntary hospitalization and interdisciplinary teamwork
- continuum of care including partial hospitalization, community, wellness activities
- disease process, diagnosis, and treatment for: Depression

    Bipolar disorders

    Anxiety disorders

    Schizophrenia

    Chemical dependence

    Acute ETOH withdrawal

    Eating disorders

- Mental illness in specific populations: (child, adolescent, older adults) including dementia, delirium, autism
- Acute, chronic mental illness treatment models
- Psychopharmacology and relationships between medical and psychiatric disorders
- Violence (societal, domestic, relation to psychiatric disorders)
- therapeutic communication with individuals and groups.

4. Methods of Instruction:

Activity:
Critique:
Directed Study:
Discussion:
Distance Education:
Individualized Instruction:
Lab:
Lecture:
Observation and Demonstration:
Projects:
Service Learning:

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests --
Quizzes --
Papers --
Oral Presentation --
Projects --
Group Projects --
Class Participation --
Class Work --
Home Work --
Standardized instrument objectively measuring student knowledge --
Final Exam --

Letter Grade Only

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments
   Assigned readings from Varcarolis textbook in tandem with lectures and class discussions.
B. Writing Assignments
   Weekly nursing care plans, reflective journaling, and pharmacology profiles.
C. Other Assignments
   Clinical assessments
   Leadership of clinical groups

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:
Author: Varcarolis, E., & Halter, M.
Title: Varcarolis' Foundations of Psychiatric Mental Health Nursing
Publisher: Elsevier
Date of Publication: 2014
Edition: 7th

Manual #1:
Author: Varcarolis, E.

Title: Manual of Psychiatric Nursing Care Planning
Publisher: Elsevier
Date of Publication: 01-02-2015

Software #1:

Title: HESI case studies
Publisher: Elsevier
Edition: 2016

B. Other required materials/supplies.

- ADN Faculty developed Student Handbook.
  ADN faculty developed Course Syllabus, calendar, assignments.