

KINE-200: COACHING & ATHLETIC ADMINISTRATION

Effective Term

Fall 2020

BOT Approval

02/13/2020

SECTION A - Course Data Elements
CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Coaching (Any Degree and Professional Experience)	Or
Physical Education (Master's Degree)	Or

Subject Code

KINE - Kinesiology

Course Number

200

Department

Kinesiology

Division

Kinesiology & Athletics

Full Course Title

Coaching & Athletic Administration

Short Title

Coaching & Athletic Admin

CB03 TOP Code

1270.00 - Kinesiology

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

Rationale

Changing subject code to KINE.

SECTION B - Course Description
Catalog Course Description

Instruction in the theories and techniques of coaching sport and the variables which contribute to team performance and success. Course will focus on coaching philosophy, psychology, pedagogy and sport management.

SECTION C - Conditions on Enrollment
Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites**SECTION D - Course Standards****Is this course variable unit?**

No

Units

3.00

Lecture Hours

54.00

Outside of Class Hours

108

Total Contact Hours

54

Total Student Hours

162

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Student will formulate his/her coaching philosophy, style, and objectives.
2.	Student will understand the principles of coaching: self and team management, ethics, and organizational skills.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Understand sport psychology, philosophy and appreciate the complexity of human behavior as applied to sport.
2.	Understand principles of physical training.
3.	Appreciate prevention techniques, understand types of sport injuries, and understand the rehabilitation process.
4.	Understand the legal aspects of coaching.
5.	Appreciate the role that parents play in youth activities.
6.	Examine coaching objectives and styles.
7.	Examine principles of behavior.
8.	Design effective practices.
9.	Design and evaluate a training program.
10.	Examine principles of management.

11. Understand and define ethics in sports.
12. Understand organizational skills-chain of command, leadership styles, intercollegiate sport models.
13. Develop a risk management and emergency plan- assessing risk and limiting risk.
14. Develop philosophy of character education and the responsibility of developing sportsmanship in athletes.
15. Understand and implement game management skills required for intercollegiate athletics.

Course Content

1. Developing a coaching philosophy
 - a. coaching objectives
 - b. coaching style
2. Sport psychology
 - a. communication skills
 - b. reinforcement
 - c. motivation
3. Sport pedagogy-learning styles and stages
 - a. planning for teaching
 - b. instructional outlines
 - c. practice preparation
 - d. teaching technical skills
4. Sport physiology
 - a. physical training principles
 - b. training basics
 - c. nutrition
5. Principles of management
 - a. sports medicine
 - b. managing risk
 - c. managing your team
6. Parent Programs-responsibilities and conduct
7. Coaching ethics
8. Risk management
9. Communication skills, styles and responsibilities
10. Self-management and character education
11. Organizational chain of command
12. Intercollegiate sport models
13. Game management skills for intercollegiate sports

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Lecture	
Projects	Students will develop an emergency action plan. Students will develop a coaching plan using sport pedagogy, psychology and philosophy.

Online Adaptation

Types	Examples of learning activities
Activity	
Discussion	
Group Work	
Individualized Instruction	
Journal	
Lecture	

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
Chat Rooms

Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
 Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Exams/Tests – essay: Following a visitation of a athletic practice, identify what coaching styles and practices you witnessed, Develop an emergency plan for one college sport. Describe two different coaching styles and philosophies. Midterm exam Final exam
Essays/Papers	Research paper on identifying your personal coaching style and philosophy. Outline communication styles used in athletic activities.
Homework	Outside reading
Projects	

Assignments

Reading Assignments

Selected readings on current sport issues (magazines, newspapers, internet), examine current and past individual coaching styles.

Writing Assignments

Students will be required to read approved text.
 Students will be required to pass written exams.
 Students will be required to complete a written project.
 Students will be required to participate in class discussions.

Outside-of-Class Assignments

Students will be required outside reading.
 Students will be required to develop effective practice sessions.
 Students will be required to examine varying coaching styles and techniques.
 Students will be required to complete a research athletics philosophy paper.
 Students will be required to staff an intercollegiate event.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

National Interscholastic Athletic Administrators Association (NIAAA)

Title

NIAAA's Guide to Interscholastic Athletic Administration

Edition/Version

1st

Publisher

Human Kinetics

Year

2013

SECTION G - Diversity, Equity and Inclusivity**Course Codes (Admin Only)****CB00 State ID**

CCC000616741

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No