

KINE-176B: INTERMEDIATE TEAM SPORTS

Effective Term

Fall 2020

CC Approval

01/31/2020

AS Approval

02/11/2020

BOT Approval

02/13/2020

COCI Approval

05/25/2020

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Physical Education (Master's Degree)	

Subject Code

KINE - Kinesiology

Course Number

176B

Department

Kinesiology

Division

Kinesiology & Athletics

Full Course Title

Intermediate Team Sports

Short Title

Intermediate Team Sports

CB03 TOP Code

1270.00 - Kinesiology

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

Rationale

Changing subject code to KINE. Changing hours and units.

SECTION B - Course Description

Catalog Course Description

This course is a continuation in the development of the movements and skills necessary for participation in a team oriented athletic event. Instruction also identifies rules, team concepts, scoring, etiquette, safety, and conditioning for competitive situations. The course is designed for intermediate players who have experience playing the specified sport either on a high school team or in a college class. This course is open to all students.

SECTION C - Conditions on Enrollment**Open Entry/Open Exit**

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites**SECTION D - Course Standards****Is this course variable unit?**

Yes

Units

1.00

Units Maximum

1.50

Activity Hours

36.00

Activity Hours Maximum

54.00

Outside of Class Hours

18

Outside of Class Hours Maximum

27

Total Contact Hours

36

Total Contact Hours Maximum

54

Total Student Hours

54

Total Student Hours Maximum

81

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Perform intermediate skills necessary to participate in the specific sport.
2.	Demonstrate an intermediate understanding of the strategy of the sport.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Perform intermediate movement skills, catching, throwing, kicking, and using an implement.
2.	Implement rules, etiquette, safety, and conditioning in to live games.
3.	Explain team patterns, strategy, offensive and defensive positioning.
4.	Demonstrate an intermediate ability to perform the fundamental skills necessary to participate. These would include, but not be limited to, catching, throwing, kicking, using an implement, and basic movement patterns.

Course Content

1. All Sports (see below)
 - a. Origin and Development
 - b. Objectives of the game
 - c. Techniques and fundamental skills
 - d. Intermediate skills
 - e. Rules of play
 - f. Team Concepts
 - g. Strategy
 - h. Conditioning
 - i. Officiating
 - j. Safety *NOTE
2. ACTIVITIES
 - a. Baseball
 - b. Basketball
 - c. Bowling
 - d. Cross Country
 - e. Fencing
 - f. Field Hockey
 - g. Football
 - h. Golf
 - i. Lacrosse
 - j. Racquetball
 - k. Rugby
 - l. Soccer
 - m. Softball
 - n. Swimming
 - o. Tennis
 - p. Volleyball
 - q. Water Polo
 - r. Wrestling
 - s. Dance

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	
Discussion	
Individualized Instruction	

Lab
Lecture
Observation and Demonstration

Online Adaptation

Types	Examples of learning activities
Activity	
Discussion	
Group Work	
Individualized Instruction	
Journal	
Lecture	

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
Chat Rooms
Discussion Boards
E-mail Communication
Telephone Conversations
Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
Discussions
Group Work

Course design is accessible

Yes

Methods of Evaluation**Methods of Evaluation**

Types	Examples of classroom assessments
Exams/Tests	
Quizzes	
Oral Presentations	
Projects	
Class Participation	
Lab Activities	
Performances	Class Performance

Assignments**Reading Assignments**

Students may be given handouts of recent noteworthy news articles.
Students may be given handouts of book excerpts as they pertain to the sport.

Writing Assignments

Students may be asked to write a response to a high-level competitive event of the specified sport. The instructional format does require students to supplement instruction by reading the assigned text and assorted class handouts.

SECTION F - Textbooks and Instructional Materials**Material Type**

Textbook

Author

Wissel, Hal

Title

Basketball-Steps to Success

Edition/Version

3rd

Publisher

Human Kinetics

Year

2012

SECTION G - Diversity, Equity and Inclusivity**Course Codes (Admin Only)****CB00 State ID**

CCC000616737

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No