

KINE-141D: KICKBOXING WITH JEET KUNE DO CONCEPTS LEVEL 2 TEACHING ASSISTANT

Justification for this inactivation request

Course not offered in 3 years.

Effective Term

Fall 2025

CC Approval

11/01/2024

AS Approval

11/14/2024

BOT Approval

11/21/2024

COCI Approval

03/12/2025

SECTION A - Course Data Elements**CB04 Credit Status**

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Martial Arts/Self-Defense (Any Degree and Professional Experience)	

Subject Code

KINE - Kinesiology

Course Number

141D

Department

PHYE

Division

KINE

Full Course Title

Kickboxing with Jeet Kune Do Concepts Level 2 Teaching Assistant

Short Title

Kickboxing w/Jeet Kune Do 2 TA

CB03 TOP Code

1270.00 - Kinesiology

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

SECTION B - Course Description

Catalog Course Description

Teaching Assistant for Level 2 JKD (Jeet Kune Do)martial arts course. Completion of JKD level 2 course or equivalent strongly recommended.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites

Advisory Prerequisite(s)

KINE 141 with a minimum grade of B or better or approval of instructor.

SECTION D - Course Standards

Is this course variable unit?

No

Units

1.50

Activity Hours

54.00

Outside of Class Hours

27

Total Contact Hours

54

Total Student Hours

81

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:

1. Students will acquire knowledge and demonstrate skills to safely assist the instructor.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Assist the instructor and demonstrate entry level technique for beginning students.
2.	Assist instructor when he/she needs a partner for demonstration. Assist students with skill acquisition.
3.	Assist instructor to help student problem solve and learn techniques.
4.	Assist the instructor and demonstrate safe technique and practices.

Course Content

1. Demonstrate warm-up drills (varied conditioning drills).
2. Assist instructor with demonstration of partner drills including but not limited to:
 - a. boxing,
 - b. trapping,
 - c. grappling,
 - d. 5 attack methods (ABD, HIA, PIA, SAA, ABC) and various martial arts forms such as Wing Chun, Jujitsu, Hapkido, etc.
3. Demonstrate specific techniques including but not limited to:
 - a. boxing,
 - b. trapping,
 - c. grappling,
 - d. 5 attack methods (ABD, HIA, PIA, SAA, ABC) and various martial arts forms such as Wing Chun, Jujitsu, Hapkido, etc.
4. Observe beginning students and help answer questions.
 - a. Observe techniques, answer questions about technique and/or martial art strategy or
5. philosophy

Methods of Instruction**Methods of Instruction**

Types	Examples of learning activities
Activity	Martial arts and kickboxing techniques, warm-up and conditioning.
Critique	Evaluation by instructor and observation and critique of pedagogy of instructor.
Discussion	Dialogue with instructor over observations of students, instructor and self.

Online Adaptation

Types	Examples of learning activities
Activity	
Directed Study	
Discussion	
Group Work	
Individualized Instruction	
Journal	
Lecture	

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Chat Rooms
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
 Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Essays/Papers	Summarize observation of instructor and students regarding effective pedagogy.
Oral Presentations	Create/present a martial art concept or technique.
Simulation	Demonstrate technique
Performances	Analysis, critique and discussion with instructor reviewing successful pedagogy techniques.

Assignments

Reading Assignments

Chapter 6 "Skill in Movement"

Chapter 10 "Targets"

Writing Assignments

List and describe proper movement technique for standing skill sets in JKD.

List and describe "primary targets", "vital spots" and correct use of "arsenal" discussed in this chapter.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

Little, J

Title

Bruce Lee: The Celebrated Life of the Golden Dragon

Publisher

Tuttle Publishing

Year

2016

SECTION G - Diversity, Equity and Inclusivity

Course Codes (Admin Only)

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No