KINE 292 - Softball Team Course Outline

Approval Date: 02/13/2020
Effective Date: 08/14/2020

SECTION A

Unique ID Number	CCC000616749
Discipline(s)	Coaching Health Physical Education
Division	Kinesiology & Athletics
Subject Area	KINESIOLOGY
Subject Code	KINE
Course Number	292
Course Title	Softball Team
TOP Code/SAM Code	1270.00 - Kinesiology / E - Non-Occupational
Rationale for adding this course to the curriculum	Changing subject code to KINE.
Units	3
Cross List	*N/A*
Typical Course Weeks	18

Total Instructional Hours

	Contact Hours
Lecture	0.00
Lab	175.00
Activity	0.00
Work Experience	0.00
Outside of Class Hours	0.00

Total Contact Hours	175
Total Student Hours	175
Open Entry/Open Exit	Yes
Maximum Enrollment	20
Grading Option	Letter Grade or P/NP

Distance Education Mode of Instruction On-Campus

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 3 times

Catalog Description This is a course designed for the competitive softball player who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Students will demonstrate the skills, knowledge and strategies required to participate in intercollegiate softball.

2. Course Objectives: Upon completion of this course, the student will be able to:

A. Understand and employ physical basics (hitting, running, catching, throwing, bunting)
B. Demonstrate knowledge of offensive and defensive game strategies
C. Evaluate positional play
D. Demonstrate knowledge of Commission on Athletics (COA) and NCAA rules and regulations
E. Analyze and evaluate individual and team performance
F. Set up a training plan for pre-season and season play
G. Students will demonstrate positive sportsmanship, team and individual responsibility
H.

3. Course Content

A. Conditioning skills and drills
    a. Fielding drills - defensive emphasis
    b. Hitting drills - offensive emphasis
    c. Skill drills
        a. fielding
        b. running
        c. hitting
        d. throwing
        e. bunting
B. Play strategies - general/situationals
C. Rules and regulations
D. Sportsmanship, individual and team responsibility
E. Injury prevention

F.

4. Methods of Instruction:

Lab: Students will be required to demonstrate skill acquisition of both offensive and defensive skills needed for intercollegiate play. Students will required to demonstrate good sportsmanship, team and individual responsibility. Students will be required to analyze individual and team performance.

Other: Lecture: Analysis of game and individual performance Discussion: Lectures on the importance on teamwork, sportsmanship, and strategy Activity: Individual and team skill drills, game play, small group play

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Class Performance -- Students will be required to demonstrate skill acquisition of both offensive and defensive skills needed for intercollegiate play. Students will required to demonstrate good sportsmanship, team and individual responsibility. Students will be required to analyze individual and team performance.

Additional assessment information:

Class Work: Practice skills, fine tune technique through repetition
Class Performance: Participate in games, working with teammates

Letter Grade or P/NP

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments
   -Students will be required to read instructor prepared handouts.
   Students will be required to read Napa Valley College Student handbook.
B. Writing Assignments
   Students will be required to complete game analysis.
   Students will be required to complete individual skills analysis.
C. Other Assignments
   -Students will be required to participate in conference and nonconference play. Competition may take place on weekends. Competition will take place during non-scheduled class time.

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:
Author: NCAA
Title: Softball: 2016-2017-Rules and Interpretations
Publisher: NCAA
Date of Publication: 2016
Edition:

Book #2:
Author: Kirk Walker
Title: The Softball Drill Book
Publisher: NCAA in Indianapolis Indiana
Date of Publication: 2007
Edition: 1st

B. Other required materials/supplies.

- The primary resource material for students are handouts prepared by coach
- Other appropriate reference materials