

COUN-97: MANAGING THE COLLEGE EXPERIENCE

Effective Term

Fall 2016

BOT Approval

11/12/2015

SECTION A - Course Data Elements
CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Counseling (Master's Degree)	

Subject Code

COUN - Counseling

Course Number

97

Department

Counseling

Division

Counseling (COUN)

Full Course Title

Managing the College Experience

Short Title

Managing College Experience

CB03 TOP Code

4930.10 - Career Guidance and Orientation

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

Rationale

Updating the course description to clarify the general and open nature of the course. Updating textbooks.

SECTION B - Course Description
Catalog Course Description

This is a short term course to help first year students determine their academic strengths and weaknesses and develop skills and strategies for a successful college experience. Students will be introduced to transfer options, learn strategies to manage time, resources, and basic college study skills and to cope with the transitions related to college life.

SECTION C - Conditions on Enrollment
Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites**SECTION D - Course Standards****Is this course variable unit?**

No

Units

0.50

Lecture Hours

9.00

Outside of Class Hours

18

Total Contact Hours

9

Total Student Hours

27

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent
Online with Proctored Exams	Permanent

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Successfully navigate the college environment and experience

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Recognize their academic weaknesses and strengths.
2.	Utilize college academic success skills and resources for transition to college and for transfer to a college or university.
3.	Identify transfer requirements and options.

Course Content

1. Achieving academic excellence
2. Time management
3. Note taking
4. Reading the textbook
5. Good study habits/Reducing test anxiety
6. Transfer requirements

7. Transfer options
8. Academic and personal strengths and weaknesses
9. Setting priorities
10. Career planning

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Discussion	
Lecture	

Online Adaptation

Types	Examples of learning activities
Activity	
Discussion	
Group Work	
Journal	
Lecture	

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Chat Rooms
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
 Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Final Exam
Projects	
Portfolios	
Other	Class work
Homework	

Other	1. Completion of the MDTP college placement test in mathematics and the CTEP or CELSA English placement test. 2. Completion of the Learning and Study Strategies Inventory (LASSI). Students will be assessed by evaluation of their portfolio which will consist of the following: a) a copy of their English and Math Assessments scores b) a copy of their Time Management plan c) development of a LASSI written analysis d) a mission statement e) an education plan and f) transfer research. Students will also do weekly journaling, a campus assessment and a final critical thinking assignment.
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Assignments

Reading Assignments

Textbook reading assignments, for example:

1. Supplemental reading on California State Universities and the University of California
2. A general education textbook chapter (for the discussion on reading the textbook)

Writing Assignments

1. Weekly journal writing on the reading assignment and previous week's lecture/discussion.

For example:

- a. "Ways I can improve my time management."
- b. "What transfer options I am considering."
2. A personal mission statement
3. A personal assessment paper to be included in their portfolio

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

John N. Gardner, A Jerome Jewler, Betsy O. Barefoot

Title

Your College Experience: Strategies For Success

Edition/Version

11th

Publisher

Macmillan Education

Year

2014

Material Type

Textbook

Author

Robert S. Feldman

Title

POWER Learning Strategies for Success in College and Life

Edition/Version

6th

Publisher

McGraw Hill Higher Education

Year

2014

Material Type

Other required materials/supplies

Description

Napa Valley College Catalog and Semester Schedule

SECTION G - Diversity, Equity and Inclusivity**Course Codes (Admin Only)****CB00 State ID**

CCC000502858

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Not Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No