



ADS 199 - Independent Study in Addiction Studies Course Outline

Approval Date: 04/11/2019

Effective Date: 08/12/2019

SECTION A

Unique ID Number CCC000604610

Discipline(s) Counseling

Division Counseling

Subject Area Addiction Studies

Subject Code ADS

Course Number 199

Course Title Independent Study in Addiction Studies

TOP Code/SAM Code 2104.40 - Substance Abuse/Addiction Counseling* / C - Occupational

Rationale for adding this course to the curriculum This course is only for students who have already completed the foundation courses and only required to fulfill the "gap" material that CCAPP is requiring for Addiction Studies accreditation.

Units 1 – 6

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 18.00
to 108.00

Lab 0.00
to 0.00

Activity 0.00
to 0.00

Work Experience 0.00
to 0.00

Outside of Class Hours 36.00
to 108.00

Total Contact Hours 18
to 108

Total Student Hours 54
to 216

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade or P/NP

Distance Education On-Campus
Mode of Instruction Hybrid

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description An independent study course for students completing their addiction certificate. This course will allow students to complete CCAPP required content which was not reviewed in previous human services courses.

Schedule Description An independent study course for students completing their addiction certificate. This course will allow students to complete CCAPP required content which was not reviewed in previous human services courses.

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment

- Assessment by the instructor
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SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Student will review and explain addiction studies content in accordance with CCAPP requirements in case management for addiction disorders, introduction and overview of alcohol and drugs, and/or counseling theories and techniques.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. To be contracted individually and in alignment with missing course content.
B.

3. Course Content

Counseling Theories and Techniques

- A. Treatment settings
- Outpatient
 - Inpatient
 - Private Practice
 - Court ordered
- B. Assessment, Diagnosis, and Treatment Planning for individuals, families, and groups
- Evaluation and diagnosis
 - Biopsychosocial assessment
 - Problem-formulation
 - Substance-related diagnosis
 - Treatment planning
 - Harm reduction
 - Alternative treatments

- C. Treatment approaches supported by empirical evidence for individual
 - a. Motivational Interviewing
 - b. Rational Emotive Therapy
 - c. Cognitive Behavioral Therapy
 - d. Dialectical Behavioral Therapy
 - e. Solution-Focused therapy
 - f. Seeking Safety
 - g. Mindfulness
- D. The major tenets of group therapy
 - a. Stages of Groups
 - b. Different types of groups
 - a. Process groups
 - b. Psychoeducational groups
 - c. Self-help and support groups
 - c. Inpatient vs Outpatient Addictions Group Counseling
 - d. Group therapy with substance abuse and addictions challenges
 - e. Interview types and settings
 - f. Vignettes and case studies
- E. Introduction to Special Populations and Special Client Needs who are struggling with addiction and abuse
 - a. Treatment approaches for clients with dual diagnosis
 - b. Forensics
- F. Intellectual Disabilities

Case management in Addiction Studies

- A. The use of assessment and intake in case management
 - a. administrative requirements for admission
 - b. use of screens to assessment in substance use
 - c. biopsychosocial assessment
 - a. including alcohol/drug history, vocational, cultural, educational background, lifestyle, living situation, medical, strengths and weaknesses for the development of a treatment plan
 - d. DSM 5 diagnostic rules out
 - e. Comorbid mental health issues and their relevance to services
 - f. signs and symptoms of physical disabilities, assessment of potential violence
 - g. self-harm
- B. Orientation to programs
 - a. General nature and goals of the program
 - b. rules governing conduct, infractions that can lead to disciplinary action or discharge
 - c. hours of services, costs, client's rights, etc
- C. Treatment/Recovery Planning
 - a. the components of a treatment plan
 - b. problem solving models and processes
 - c. theories and behavioral components of change
 - d. techniques used in behavioral contracts
 - e. the stages of recovery; identification of problems, ranking problems, realistic and unrealistic treatment goals at various stages of recovery
 - f. the value of participant concurrence or expresses disagreement in the process

- g. how to organize client information for presentation to other professionals
- h. evidence-based treatments
- i. case presentation procedures
- D. Service coordination with local/state agencies
 - a. Organization and service coordination
 - b. Providing information and referral
 - c. Alternative resources available to provide treatment and supportive services
 - d. roles and functions of individuals in resources agencies and their position in the decision-making process
 - a. resources of people together within a planned framework of action toward the achievement of established goals
 - e. advocacy techniques
 - f. assessing the need for consultation and referral
 - g. identifying counselor limits and scope of practice
 - h. Follow-up
- E. Advocacy and change for individuals and organizations
 - a. The counselor as a change agent
 - b. Current political issues affecting organizations
 - c. identifying counselor limits and scope of practice
- F. Aftercare and follow up
 - a. the role of aftercare in the treatment process
 - b. the role and importance of client follow up
 - c. relapse dynamics; self-help groups and/or support groups (AA, NA etc.)

Introduction to Addiction Studies

- A. Screening and Assessment
 - a. Biopsychosocial assessment
 - b. Differential diagnosis with medical, psychological disorders
 - c. DSM/SAM diagnosis and differential diagnosis
 - d. Validated Screens and clinical tools for assessment, identification of symptoms
 - e. Substance Misuse with a Co-Occurring Mental Disorder or Disability
 - f. Co-occurring disorders
 - g. Co-occurring medical conditions
- B. Treatment approaches and models for co-occurring disorders
- C. Biopsychosocial implications for treatment of co-occurring disorders
 - a. Locating appropriate placement
 - b. Referrals to specialized programs
 - c. Cost and insurance associated with co-occurring disorders
- D. Integrated treatment approaches
 - a. Evidence-based treatment
 - a. Detoxification
 - b. psychoeducation
 - c. CBT, MI
 - d. Modification of evidence-based treatments for co-occurring disorders
 - e. Medication used for the treatment of addictions
 - f. Social Models
- E. Substance specific interventions models (drinking driver programs)
- F. Treatments for co-occurring disorders
- G. Mutual Help Groups and Spiritual/Religious Resources

- H. Alcoholic Anonymous, SMART recovery, substance specific treatment and support groups
- I. Aversion Therapy
- J.

4. Methods of Instruction:

Lecture:

Other: Distance Education

Online Adaptation: Lecture

1. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests --

Quizzes --

Papers --

Oral Presentation --

Class Work --

Home Work --

Final Exam --

Mid Term --

Additional assessment information:

GRADES WILL BE BASED UPON:

Reading and writing assignments, class presentations, midterm and final exams or quizzes.

Example 1: Midterm paper on a local agency who delivers case management services.

Example 2: Agency interview questions written assignment

Letter Grade or P/NP

2. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Readings from required textbook and other sources as assigned.

Example 1: Read the required chapter and write a journal response.

Example 2: Read the materials collected from the agency and synthesize the information into the paper assignment.

B. Writing Assignments

Example 1: Formulate a written case plan that includes identification of needs, resources available, referrals, follow-up activities.

Example 2: Review resources available to clients with substance abuse issues. Writing Assignments

Example 1: Complete a biopsychosocial assessment and treatment plan.

Example 2: Complete a case presentation based on a movie character

To be contracted individually.

C. Other Assignments

Example 1: Complete a case study based of a family. Student?s will select a theoretical framework for assessment of the family and explain how to approach treatment of the family.

Example 2: Create a 3-genogram of your family and include a 1 page description of the content of the genogram.

Example 1: Students will be paired into dyads. together choose a treatment theory or model to role play in a mock treatment session. The student and the student?s partner

will take turns as the client and as the counselor during a video recorded ?session?. The session should be no longer than 15 minutes per individual (1/2 hour total) in which the student demonstrate the counseling technique the student would use with this client. The treatment plan and assessment will be submitted to the instructor prior to the presentation so copies can be posted to CANVAS. Presentations will be critiqued online by other students. There will be a subsequent in class discussion about the role play. Example 2 Students will attend 3 consecutive (AA/NA or other substance abuse treatment group. The student will observe group norms, dynamics, and roles and complete a 5 -7 pages

3. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Daley, Dennis C. & Douaihy, Antoine
Title: Relapse Prevention Counseling: Clinical Strategies to Guide Addiction Recovery and Reduce Relapse
Publisher: Pesi Publishing & Media LLC
Date of Publication: 2015
Edition:

B. Other required materials/supplies.

- SAMSA 2/14/2015
TIP 27: Comprehensive Case Management for Substance Abuse Treatment
TIP 34 Brief Interventions and Brief Therapies for Substance Abuser
TIP 35 Enhancing Motivation for Change in Substance Abuse Treatment
TIP 39 Substance Abuse Treatment and Family Therapy
TIP 41 Substance Abuse Treatment- Group Therapy
TIP 42 Substance Abuse Treatment for Person?s with Co-occurring Disorders
TIP 45 Detoxification and Substance Abuse Treatment
TIP 57 Trauma Informed Care in Behavioral Health Services

The ASAM Criteria for Substance Abuse, American Society for Addiction Medicine.
Website: <http://www.asam.org/>