

Arrest and Control

1. Arrest & Control Review
 - a. Debrief use of force incidents
 - i. Events leading up to incident
 - ii. De-escalation
 - iii. Communication
 - iv. Improvements
 - v. Successes
 - vi. Other options
 - vii. Future training based upon events
 - b. De-escalation
 - i. Communication
 - ii. NVC Options
 - iii. County/City Options
 - iv. Cover Units
 - c. Use-of-Force Options
 - d. Policy/Law
 - i. NVCPD Policy
 - ii. State/Federal Laws/Bills
 - iii. Updates
 - e. Scenarios
 - f. Stretching
 - g. Interview Stance
 - h. Self-Defense Stance
 - i. Shuffle-Step
 - i. Forward
 - ii. Back
 - j. Lunge Step
 - i. Forward
 - ii. Backward
 - iii. Sideways
 - k. Two person drills
 - i. Contact and cover
 - ii. Communication
 - iii. Handcuffing
2. Holds and Controls
 - a. Control Holds
 - i. Escort Hold
 - ii. Twist Lock
 - iii. Bent Wrist Lock
 1. Front
 2. Rear
 - b. Ground Control
3. Takedowns
 - a. Arm Bar
 - b. Bar Hammer
 - c. Reverse Wrist – Front
 - d. Reverse Wrist - Rear
 - e. Major Outside Drop
4. Personal Weapons
 - a. Hands
 - b. Feet
 - c. Elbows
 - d. Fist
 - e. Kick
 - i. Front
 - ii. Rear
 - f. Knee Strike
 - i. Front

- ii. Rear
- 5. Falls
 - a. Front Fall
 - b. Back Fall
 - c. Side Fall
 - d. Front Recovery
 - e. Rear Recovery
- 6. Weapons Retention
 - a. If the person attacks or tries to steal your weapons
 - b. Balanced Stance
 - c. Lock hood down
 - i. Grasp suspects hands
 - ii. Pull holster up to side
 - d. Twist to get out
 - i. Set balance
 - ii. Turn right or left or both
 - iii. Open space and execute felony handcuffing
 - e. Used to defeat front and rear attack
 - f. Relaxed defense
 - i. Lock suspect hands in
 - ii. Stay close to suspect
 - iii. Relax and use body weight as defense
 - iv. When suspect gets tired – break hold
 - v. Open space and execute felony handcuffing
 - g. Long Gun
 - i. Retention
 - ii. Take-A-Way
- 7. Ground self defense
 - a. Escape from:
 - i. Arch and roll
 - ii. Knee to elbow
 - b. Escape from cross:
 - i. Arch and roll
 - ii. Knee to Elbow
 - c. Escape from guard
 - i. Kick out
 - ii. Sweep
 - d. Escape from side body/headlock:
 - i. Turn and mount
 - ii. Arch and roll
- 8. Handcuffing
 - a. Standing
 - b. Kneeling
 - c. Prone
- 9. Searches
 - a. High Risk
 - b. Cursory
 - c. Arrest
- 10. TASER Deployment
 - a. Draws
 - b. Re-Holster
 - c. Transitions
 - i. Firearm to TASER
 - ii. Taser to handcuffing
- 11. Tactical Expandable Baton Review
 - a. Nomenclature
 - b. Five Strike Areas
 - c. Terminology
 - d. Modes
 - i. Open
 - ii. Closed
 - e. Draw Techniques

- i. Strong Hand
 - ii. Weak Hand
 - f. Positions
 - i. Field Interview
 - ii. Side Defense
 - g. Strikes
 - i. Strong
 - ii. Weak
 - iii. Straight
 - h. Retention
 - i. Grabs
 - ii. Undo
 - iii. Natural
 - i. Closing TEB
 - j. Two-Handed
- 12. Chemical Agent
 - a. Crossfire
 - b. Firing Positions
 - c. Application with inert spray