

Human Services

Program Overview

The Program is designed to teach students entry level helping skills to work in the high demand field of Human Services. Students will gain knowledge of human service delivery systems, case management techniques, and crisis intervention utilizing a person-centered, strength-based approach to engage with individuals, groups, and diverse populations. Students will practice their skills by completing a community-based internship under the supervision of the agency and NVC faculty gaining networking opportunities and contacts for future employment. Upon satisfactory completion of the courses, students will be able to utilize effective communication styles to assess and assist clients from diverse socioeconomic and cultural backgrounds in becoming self-sufficient. Advocate and use case management strategies that assist clients in overcoming challenges and identifying support systems throughout the community. Engage in ethical and legal practices, including adherence to the agency, state, and federal policies and procedures. Identify areas for self-improvement and pursue necessary education and training resources for professional development. The program also provides a solid foundation for students wishing to transfer to 2-year institutions pursuing degrees in social work, sociology, criminal justice, and psychology.

Career Opportunities

Students will have the opportunity to gain employment in entry-level positions jobs, including case aide, counselor, social workers, and case manager. Students will also be prepared to work, providing direct services, case management, and supportive counseling. They will be prepared to work with different populations, ages, and groups in a variety of settings, including health and human services, addictions, and non-profit agencies.

Contact Information

Division

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Dean

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Faculty

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Certificates

Human Services: Certificate of Achievement

The Human Services Program is designed to teach students entry level helping skills to work in the high demand field of Human Services. Students will gain knowledge of human service delivery systems; communication skills for working with individuals, groups and diverse populations; case management techniques; and will have field

experiences in one or more human service agencies. Counseling courses are offered one time per academic year.

Career Opportunities

Case Aides; Community Organization Workers; Developmental Disability Assistants; Eligibility Workers; Employment Interviewers; Interviewing Clerks; Human Services Assistants; Senior Citizen Aides; Social Services Aides; Social Work Assistants; Welfare Eligibility Workers; Workforce Development Workers

Program Learning Outcomes

1. Utilize effective communication styles to assess and assist clients from diverse socioeconomic and cultural backgrounds in becoming self-sufficient.
2. Advocate and use case management strategies that assist clients in overcoming challenges and identifying support systems throughout the community.
3. Engage in ethical and legal practices including adherence to agency, state, and federal policies and procedures.
4. Identify areas for self-improvement, and pursue necessary education and/or training resources for professional development.

Certificate Requirements

Code	Title	Units
Required Courses		
HSRV-120	Introduction to Human Services	3
HSRV-122	Helping Skills in Human Services	3
HSRV-124	Working With Diverse Populations	3
HSRV-126	Case Management in Human Services	3
HSRV-130	Crisis Intervention in Human Services	3
HSRV-190	Field Studies I	3
Total Units		18

This certificate is [Gainful Employment \(http://www.napavalley.edu/Academics/CareerTechEd/certproginfo/Pages/Welcome.aspx\)](http://www.napavalley.edu/Academics/CareerTechEd/certproginfo/Pages/Welcome.aspx) eligible.

Degrees

Human Services: AS Degree

The Human Services Program is designed to teach students entry level helping skills to work in the high demand field of Human Services. Students will gain knowledge of human service delivery systems; communication skills for working with individuals, groups and diverse populations; case management techniques; and will have field experiences in one or more human service agencies.

Career Opportunities

Case Aides; Community Organization Workers; Developmental Disability Assistants; Eligibility Workers; Employment Interviewers; Interviewing Clerks; Human Services Assistants; Senior Citizen Aides; Social Services Aides; Social Work Assistants; Welfare Eligibility Workers; Workforce Development Workers.

Program Learning Outcomes

1. Utilize effective communication styles to assess and assist clients from diverse socioeconomic and cultural backgrounds in becoming self-sufficient.
2. Advocate and use case management strategies that assist clients in overcoming challenges and identifying support systems throughout the community.

- Engage in ethical and legal practices including adherence to agency, state, and federal policies and procedures.
- Identify areas for self-improvement, and pursue necessary education and/or training resources for professional development.

Degree Requirements

Code	Title	Units
Required Courses		
HSRV-120	Introduction to Human Services	3
HSRV-122	Helping Skills in Human Services	3
HSRV-124	Working With Diverse Populations	3
HSRV-126	Case Management in Human Services	3
HSRV-130	Crisis Intervention in Human Services	3
HSRV-190	Field Studies 1	3
Total Units		18

Notes

- The following courses are recommended electives for the degree; ADS-100, ADS-120, ADS-125, ADS-132, ADS-134, ADS-193, ADS-194, ANTH-120, HELH-106, HEOC-100, HEOC-172, HSRV-131, HUMA-112, HUMA-113, HUMA-160, HUMA-174, HUMA-186, LGBT-120, PSYC-120, PSYC-123, PSYC-124, PSYC-125, PSYC-126, PSYC-128, PSYC-135, PSYC-175, SPAN-110, SPAN-111, SPAN-120, SPCOM-120, SPCOM-124, SPCOM-126, SPCOM-130.
- ADS-100, ADS-120 and HSRV-131 are highly recommended courses for the degree.

To receive an Associate Degree, students must complete 60 CSU transferable semester units with a grade point average of at least 2.0. Students must also complete the NVC General Education (p. 26) pattern, or the IGETC (p. 35) or CSU (p. 30) General Education patterns (if transfer is an educational goal), to earn an Associate degree. Consultation with a Counselor is highly encouraged to ensure all requirements are met.

Suggested Course Sequence

Course	Title	Units
First Year		
Fall		
HSRV-120	Introduction to Human Services	3
HSRV-124	Working With Diverse Populations	3
ENGL-120	Reading and Composition 1	4
Recommended Electives ¹		3
Units		13
Spring		
HELH-106	Personal & Community Health (May substitute with 3 units of PHYE or DANS)	3
HSRV-122	Helping Skills in Human Services	3
HSRV-126	Case Management in Human Services	3
Math Requirement ²		3-5
Units		12-14
Summer		
Recommended Electives ¹		3
Units		3
Second Year		
Fall		
HSRV-130	Crisis Intervention in Human Services	3

HSRV-190 or ADS-193	Field Studies 1 or Supervised Practicum for Addiction Studies 1	3
Recommended Electives ¹		9
Units		15
Spring		
Recommended Electives ¹		9
Natural Science GE ³		3
Social & Behavioral Science GE ⁴		3
Humanities GE ⁵		3
Units		18
Total Units		61-63

- ADS-100, ADS-120 and HSRV-131 are highly recommended courses for the degree.
Recommended Electives: The following courses are recommended to meet the minimum 60 unit degree requirement: HEOC-101, PSYC-124, PSYC-135, SPCOM-120, SPCOM-122, SPCOM-124, SPCOM-126, SPCOM-128.
- The math proficiency graduation requirement may be met by completing any course in Area D2 of the Napa Valley College General Education pattern. The recommended course is MATH-95, or MATH-232 if transfer to a four year institution is an academic goal. Always consult a Counselor.
- Natural Science General Education Requirement: ANTH-120, HEOC-100 are recommended.
- Social and Behavioral Science General Education Requirement: ADMJ-121, CFS-120, PSYC-120, PSYC-125, PSYC-126, SOCI-120, SOCI-122 are recommended electives.
- Humanities General Education Requirement: ASL-120, HUMA-112, HUMA-113, HUMA-160, HUMA-174, HUMA-186, SPAN-111, SPAN-120 are recommended electives.