

THEA-110: ACTING I

Effective Term

Fall 2026

CC Approval

12/05/2025

AS Approval

12/11/2025

BOT Approval

12/18/2025

SECTION A - Course Data Elements
Send Workflow to Initiator

No

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Drama/Theater Arts (Master's Degree)	

Subject Code

THEA - Theater Arts

Course Number

110

Department

Theater Arts

Division

Arts and Humanities (ARAH)

Full Course Title

Acting I

Short Title

Acting I

CB03 TOP Code

1007.00 - Dramatic Arts

CIP Code

50.0512

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

Rationale

Course is being edited to add DE requirements

SECTION B - Course Description

Catalog Course Description

This course provides students with a study of the essential skills required for acting. Course content includes movement, speech, theater games and improvisation, reading and viewing plays.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites

SECTION D - Course Standards

Is this course variable unit?

No

Units

3.00

Lecture Hours

54.00

Outside of Class Hours

108

Total Contact Hours

54

Total Student Hours

162

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Analyze dramatic literature
2.	Show a cultural and artistic appreciation of dramatic art.
3.	Demonstrate basic performance and production skills.
4.	Produce a piece of dramatic art for peer, professional or academic review.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Demonstrate, through verbal and written analysis, an understanding of the acting process.
2.	Analyze and interpret dramatic literature.
3.	Prepare the mind and body for the task of performing as an actor on stage.
4.	Analyze and evaluate the physical and vocal life of self and others.
5.	Understand the theory and practice of the craft of acting with an emphasis on "the process."
6.	Demonstrate an increased appreciation for the theatrical event, an understanding of the collaboration necessary for its creation, and a basic knowledge of theater terminology.

Course Content

Internal Life

1. Observation
2. Self-Awareness
3. Sensory Awareness
4. Collaboration
5. Improvisation
6. Stanislavsky
7. Text Analysis
8. Given Circumstances
9. Objectives
10. Tactics
11. Obstacles
12. Character Analysis
13. Physical Theater
14. Rehearsal
15. Performance

Physical Life

1. Stage areas and stage terms
2. Body positions
3. The physical life of a character

Vocal Life

1. Alignment, breathing and phonation.
2. Resonation
3. Articulation, pitch, melody, volume, quality, pronunciation
4. Vocal characterization.

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	Scene work
Critique	Write an analysis of an NVC production.
Discussion	Discuss the use of Meisner technique.
Lecture	Presentation on the history of Stanislavsky.

Online Adaptation

Types	Examples of learning activities
Activity	Scene work in breakout rooms
Directed Study	Cold reading techniques
Discussion	Monologue self tape discussion forums
Group Work	Break out rooms to discuss scene analysis
Individualized Instruction	1-1 coaching in virtual classroom

Journal	A lotted time for journaling with camera off
Lecture	Posted instructor lecture with prompts

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Chat Rooms
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
 Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation**Methods of Evaluation**

Types	Examples of classroom assessments
Class Participation	Students will be required to perform improvisational and scene/monologue exercises, submit written character analyses and participate in group critiques. For example: Choose a monologue from any published play. 1. Write a character analysis based on "given" information. 2. Rehearse and present the monologue for class critique.
Exams/Tests	Complete midterm and final performance projects.

Assignments**Reading Assignments**

Students will complete specific reading assignments from the text.

For example:

1. Read chapter 3 in the text and write up an application for character development.
2. Read chapter 4 in your text and apply content to an assigned scene.

Writing Assignments

Students will be given written and performance assignments to complete.

For example:

1. Prepare a written analysis of a character from a scene from *Long Day's Journey Into Night*.
2. Rehearse and perform a scripted scene (five to ten minutes in length) from a contemporary play.

SECTION F - Textbooks and Instructional Materials**Material Type**

Textbook

Author

Robert Barton

Title

Acting Onstage and Off

Edition/Version

3rd

Publisher

Thompson/Wadsworth

Year

2003

Material Type

Textbook

Author

Robert Benedetti

Title

The Actor in You

Edition/Version

6th

Publisher

Routledge

Year

2015

Material Type

Textbook

Author

Jane Drake Brody

Title

Acting, Archetype, and Neuroscience

Publisher

Routledge

Year

2016

Material Type

Textbook

Author

Jeff McKinnon

Title

Cheat Out: A Physical Theatre Curriculum for Beginners and Beyond

Edition/Version

Paper back

Publisher

Jeff McKinnon

Year

2025

ISBN #

979-8998516702

SECTION G - Diversity, Equity and Inclusivity

How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?

Acting 1 fosters equity and inclusion by using ensemble-based exercises, reflective practices, and multiple entry points that accommodate varied experience levels and learning styles. Students are encouraged to draw from their own cultural backgrounds and identities, ensuring diverse voices are represented. The course builds a collaborative environment that supports empathy, access, and equitable participation for all.

Course Codes (Admin Only)

CB00 State ID

CCC000294066

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No