

PTEC-98: DEVELOPMENTAL DISABILITIES

Effective Term

Fall 2026

CC Approval

12/05/2025

AS Approval

12/11/2025

BOT Approval

12/18/2025

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Psychiatric Technician (Any Degree and Professional Experience)	

Subject Code

PTEC - Psychiatric Technician

Course Number

98

Department

Psychiatric Technician

Division

Health Occupations (HEOC)

Full Course Title

Developmental Disabilities

Short Title

Developmental Disabilities

CB03 TOP Code

1239.00 - *Psychiatric Technician

CIP Code

51.1502

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

B - Advanced Occupational

Rationale

Fix dangling hours.

SECTION B - Course Description

Catalog Course Description

This is the second trimester of three designed to prepare the student for licensure as a Psychiatric Technician in the State of California. This course will examine the care of the developmentally disabled by providing learning experience in State Developmental Centers as well as community facilities and continued practice in individual and group work.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites

Prerequisite(s)

Completion of PTEC-97 with a minimum grade of C.

Requisite Justification

Requisite Description

Course in a Sequence

Subject

PTEC

Course

97

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

- Identify problems and provide daily care skills including vital signs to assigned patient
- Demonstrate skill competencies related to specific physical illnesses
- Administer medications to assigned patients with 100% accuracy
- Accurately document care of the patient in the patient's record, which is a legal document
- Discuss the pathophysiology and apply nursing interventions for a variety of physical illnesses

SECTION D - Course Standards

Is this course variable unit?

No

Units

16.5

Lecture Hours

189

Lab Hours

297

Activity Hours

18

Outside of Class Hours

387

Total Contact Hours

504

Total Student Hours

891

Distance Education Approval**Is this course offered through Distance Education?**

No

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Accurately perform and document basic nursing skills, basic physical and mental assessments, and interventions while prioritizing patient care.
2.	Ethically advocate for patients with developmental/physical disabilities, children, adolescents, adults, and older adults, in all settings, assuring patient's rights, privacy, dignity and confidentiality.
3.	Develop leadership and supervision skills by applying leadership theories in the clinical site.
4.	Communicate effectively and clearly (written and verbally) with the populations served, community members, classmates, instructors, and the interdisciplinary team.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Discuss the role of the psychiatric technician in developmental disabilities nursing.
2.	Describe the past and current trends in the care and treatment of developmentally disabled individuals.
3.	Discuss the ethical, legal, and safety issues related to the developmentally disabled.
4.	Apply the nursing process to the care of the developmentally disabled individual.
5.	Collaborate with the interdisciplinary team in the developmentally disabled client based on the level of function.
6.	Implement the plan of care for the developmentally disabled client within the Scope of Practice of the Psychiatric Technician.
7.	Discuss the biological, psychological, cultural, and spiritual factors and how these relate to incidence, etiology, and care of the developmentally disabled.
8.	Implement the nursing process in meeting the needs of the developmentally disabled client.
9.	Describe the societal and cultural attitudes concerning the developmentally disabled.
10.	Discuss the impact of client's disability on the family.
11.	Describe the interrelationships of the biological, psychological, physiological, cultural, and spiritual factors in the causes and treatment of developmental disabilities.
12.	Describe the basic principles of Anatomy & Physiology, Pharmacology, and Nutrition as they apply to the developmentally disabled client.
13.	Describe the pathology, prevention, treatment, and intervention related to the various syndromes, to include environmental factors, trauma, and other agents responsible/ implicated in the cause of developmental disability.
14.	Identify and describe characteristics of each stage of development.
15.	Describe factors that influence processes of growth and development.
16.	Calculate medications.

Course Content

1. Intellectually & Developmental Disabilities: Legislation & History
2. Psychosocial Aspects of Disability
3. Growth & Development – Birth to Old Age
4. Community Resources
5. Trends in Care
6. Behavior Management
7. Sensory Motor Development
8. Cerebral Palsy
9. Epilepsy
10. Anticonvulsant Medications

11. Nutrition and the Developmentally Disabled
12. Definitions & Classifications of Mental Retardation
13. Genetics
14. Etiologies
 - a. Pre & Postnatal Causes of Mental Retardation
 - b. Chromosomal Anomalies
 - c. Congenital Anomalies
 - d. Gestational Anomalies
 - e. Infections & Intoxications
 - f. Trauma
 - g. Metabolic, Nutritional, Endocrine
 - h. Gross Brain
15. Environmental
16. Communication
17. Leadership/Supervision Skills
18. Cultural Diversity
19. Pharmacology

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	Directed activities to reinforce lecture content, as appropriate and needed.
Discussion	Group discussion and collaborative after clinical rotations to review events, procedures, and patient issues.
Field Experience	Clinical experience at off-campus facilities.
Lecture	Face-to-face in-classroom lecture on specific subject matter.
Observation and Demonstration	The instructor demonstrates a nursing skill practice- instructor assists students in practicing nursing skill return demonstration-students demonstrate skill for the instructor.
Other	Virtual clinical experience via EVOLVE learning platform. Dynamic scenario-based learning for critical thinking and interactive skill building.

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Regularly assigned assessment exams pertaining to course content.
Quizzes	Multiple choice for current text content.
Essays/Papers	Select a disease process and describe etiology, pathology, treatment, nursing implications.
Oral Presentations	Selected topics consistent with paper assignments as above.
Lab Activities	Skills performance.
Class Participation	Discussions during class on present and past content.

Assignments

Reading Assignments

Reading in Nursing Science Textbooks
Journal Articles

Writing Assignments

Writing Modular Objectives
Filling out Modular Objectives to prepare for class discussion and application to patient care
Nursing Care Plans

Outside-of-Class Assignments

Documentation of Patient Care in Patient's Record.

Individualized Learning Project with Assigned Patient Familiarize and differentiate between Individual Educational Plans and 504 Plans.

Digital Activities /simulations to prepare and reinforce lecture content.

SECTION F - Textbooks and Instructional Materials**Material Type**

Textbook

Author

Feldman, Elias, Blum, Jimenez & Stancin

Title

Developmental-Behavioral Pediatrics

Edition/Version

5th

Publisher

Elsevier

Year

2023

Material Type

Textbook

Author

Martin, Pear

Title

Behavior Modification

Edition/Version

12th

Publisher

Routledge

Year

2024

Material Type

Textbook

Author

Leifer, G.

Title

Growth and Development Across the Lifespan

Edition/Version

3rd

Publisher

Elsevier

Year

2022

Material Type

Other required materials/supplies

Description

PTEC 161 - Developmental Disabilities Syllabus - Staff

SECTION G - Diversity, Equity and Inclusivity

How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?

This course prepares future healthcare workers to provide culturally competent, equitable care. Through understanding diverse health beliefs, social determinants, and disparities, students develop the skills and empathy needed to serve all patients with respect and fairness.

Course Codes (Admin Only)

CB00 State ID

CCC000652742

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No