

PTEC-97: NURSING SCIENCE

Effective Term

Fall 2026

CC Approval

02/06/2026

AS Approval

03/12/2026

BOT Approval

03/19/2026

SECTION A - Course Data Elements
Send Workflow to Initiator

No

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Psychiatric Technician (Any Degree and Professional Experience)	

Subject Code

PTEC - Psychiatric Technician

Course Number

97

Department

Psychiatric Technician

Division

Health Occupations (HEOC)

Full Course Title

Nursing Science

Short Title

Nursing Science

CB03 TOP Code

1239.00 - *Psychiatric Technician

CIP Code

51.1502

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

B - Advanced Occupational

Rationale

Clear dangling hours and adding DEI statement.

SECTION B - Course Description

Catalog Course Description

First trimester of three designed to prepare the student for licensure as a Psychiatric Technician in the State of California. Nursing Science will present the principles of mental and physical health, the maintenance of health, anatomy and physiology, and an understanding of disease and its treatment. Students will develop the ability to perform basic care activities, with learning experiences in the care of children, adults, and aged patients with medical/surgical conditions.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites

Limitation on Enrollment

1. CNA-Current Certified Nursing Assistant
2. High School Diploma or Equivalent
3. 18 years or older

SECTION D - Course Standards

Is this course variable unit?

No

Units

16.5

Lecture Hours

189

Lab Hours

297

Activity Hours

18

Outside of Class Hours

387

Total Contact Hours

504

Total Student Hours

891

Distance Education Approval

Is this course offered through Distance Education?

No

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Accurately perform and document basic nursing skills, basic physical and mental assessments and interventions while prioritizing patient care.
2.	Ethically advocate for geriatric patients with various medical complexities in all settings, assuring patient rights, privacy, dignity, and confidentiality.
3.	Develop leadership and supervision skills by applying leadership theories in the clinical site.
4.	Communicate effectively (written and verbally) with the populations served, community members, classmates, instructors, and the interdisciplinary team.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Discuss the role of the Psychiatric Technician.
2.	Discuss the principles and applications of professionalism, ethics, and law as related to the Psychiatric Technician.
3.	Relate the concept of holistic care to the biological, psychological, sociological, cultural, and spiritual factors that affect an individual's response to illness.
4.	Discuss and demonstrate the importance of accurate communication and documentation in the care of the patient.
5.	Apply the nursing process to the care of the geriatric, pediatric, and medical-surgical patient.
6.	Identify nutrients regulating body processes.
7.	Identify special nutritional needs of hospitalized patients.
8.	Identify the principles of infection control and standard precautions.
9.	Differentiate between the principles of fluid and electrolyte balance and acid/base balance.
10.	Demonstrate safe and accurate administration of oral and parenteral medications.
11.	Calculate medication dosages.
12.	Identify appropriate pharmacological treatments used in major illnesses presented in class and exhibited patients.
13.	Discuss nursing implications, side effects and patient teaching for medications administered.
14.	Identify major structures and functions of organs in each system.
15.	Identify common illnesses related to each system of the body.
16.	Identify and apply nursing interventions related to the care of patients with a variety of illnesses.
17.	Develop and implement individualized teaching plans that address the needs of patients with chronic illness.

Course Content

1. Basic Human Needs
2. Vital Signs
3. Standard Precautions
4. Communicable Disease, Including HIV
5. Asepsis, Isolation
6. Medication Administration
7. Documentation
8. Daily Care Skills: Bathing, Bedmaking, Oral Care, Body Mechanics, Shaving, etc.
9. Skill Competencies Related to Specific Illnesses
10. Introduction to Disease Processes
11. Care of the Geriatric Patient
12. Care of the Dying Patient Hospice
13. Care of the Cancer Patient
14. Care of the Surgical Patient
15. Care of the Child
16. Therapeutic Relationships, Communication Skills
17. Basic Nutritional Needs
18. Anatomy and Physiology, Common Disorders & Nursing Care
 - a. Circulatory System
 - b. Muscular/Skeletal System

- c. Urinary System
- d. Endocrine System
- e. Integumentary System
- f. Nervous System
- g. Gastrointestinal System
- h. Reproductive System
- i. Pharmacology

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Discussion	Scenario and case study discussion at close of each clinical experience done in small groups.
Field Experience	Clinical experience at an off-campus facility.
Lecture	Instructor relays information on a given subject.
Observation and Demonstration	Instructor demonstrates a nursing skill practice - instructors assist students to practice nursing skill return demonstration - students demonstrate skill for instructor.
Group Work	Students collaborate in theory to address and understand various patient case studies, disease processes, and pharmacology.

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Mid Term, Final Exam and regularly assigned assessment exams pertaining to course content.
Quizzes	Weekly quizzes assigned via an educational platform.
Simulation	Virtual simulation activities through our online learning platform.
Projects	Collaborative work with case studies and presenting to class.
Lab Activities	Skills performance.
Other	<ol style="list-style-type: none"> 1. Objective testing e.g., Identify the critical elements of the isolation procedures; Discuss the pathophysiology of a Myocardial Infarction. 2. Observation of Clinical Practice e.g., students will accurately take vital signs; Perform Range-of-Motion for a stroke patient. 3. Individual Interviews and Counseling e.g., meet with instructors on a weekly basis; Interview a patient for the purpose of taking a history. 4. Counseling and Consultation with Agency Personnel e.g., staff will give input to student evaluation; student will give shift report to oncoming personnel.

Assignments

Reading Assignments

Textbook.
Journal Articles.

Writing Assignments

Written Assignments - completion of modular objectives for class discussion and application to patient care.

Outside-of-Class Assignments

Projects Reports.
Patient education related to patients diagnosed disease/s.
Documentation of nursing care in the Patient's Record.

SECTION F - Textbooks and Instructional Materials**Material Type**

Textbook

Author

Cooper, K. Gosnell, K.

Title

Foundations and Adult Health Nursing

Edition/Version

9th

Publisher

Elsevier/Mosby

Year

2023

Material Type

Textbook

Author

Grodner, M. Escott-Stump, S. and Dorner, S.

Title

Nutritional Foundations and Clinical Applications

Edition/Version

8th

Publisher

Elsevier

Year

2023

Material Type

Textbook

Author

Visovsky, Zambroski, Hosler

Title

Introduction to Clinical Pharmacology

Edition/Version

11th

Publisher

Elsevier

Year

2025

Material Type

Textbook

Author

Solomon, E.

Title

Introduction to Human Anatomy and Physiology

Edition/Version

4th

Publisher

Elsevier

Year

2016

Material Type

Textbook

Author

Skidmore-Roth, L.

Title

Mosby's Drug Guide for Nursing

Edition/Version

16th

Publisher

Elsevier

Year

2026

Material Type

Other required materials/supplies

SECTION G - Diversity, Equity and Inclusivity

How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?

This course prepares future healthcare workers to provide culturally competent, equitable care. Through understanding diverse health beliefs, social determinants, and disparities, students develop the skills and empathy needed to serve all patients with respect and fairness.

Course Codes (Admin Only)

CB00 State ID

CCC000652741

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No