

NURS-153: MATERNAL/NEWBORN NURSING CARE

Effective Term

Fall 2026

CC Approval

12/05/2026

AS Approval

12/11/2025

BOT Approval

12/18/2025

SECTION A - Course Data Elements
Send Workflow to Initiator

No

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Nursing (Master's Degree)	Or
Nursing Science/Clinical Practice (Any Degree and Professional Experience)	

Subject Code

NURS - Nursing

Course Number

153

Department

Nursing

Division

Health Occupations (HEOC)

Full Course Title

Maternal/Newborn Nursing Care

Short Title

Maternal/Newborn Nursing Care

CB03 TOP Code

1230.10 - *Registered Nursing

CIP Code

51.3801

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

Rationale

Fix dangling hours.

SECTION B - Course Description

Catalog Course Description

Building upon concepts and skills previously introduced, this course is focused on the use of nursing process in caring for the mother, neonate and the child-bearing family, with and without alterations in health. Emphasis is placed on family-centered nursing care and client teaching.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites

Prerequisite(s)

Completion of NURS-152 with a minimum grade of C.

Requisite Justification

Requisite Description

Course in a Sequence

Subject

NURS

Course #

152

Level of Scrutiny

Requisite Established by Statute/Regulation

Explanation

Board of Registered Nursing requires clinical competence in all prior nursing program courses. Knowledge of the nursing process and the role of the nurse in health, wellness, chronic and geriatric care.

SECTION D - Course Standards

Is this course variable unit?

No

Units

4.00

Lecture Hours

27

Lab Hours

54

Activity Hours

54

Outside of Class Hours

81

Total Contact Hours

135

Total Student Hours

216

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Permanent

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Nursing Process: Apply the nursing process in the care of mothers, neonates and families during the childbearing period.
2.	Ethical and Legal Guidelines: Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3.	Communication: Utilize therapeutic communication with individuals, families and the health care team, including the use of informatics.
4.	Decision Making: Utilize theory and evidence-based knowledge to guide nursing practice.
5.	Leadership and Management: Devise safe and effective patient centered care for childbearing families in collaboration with the patient and the interdisciplinary team in a variety of settings.
6.	Commitment: Display professional attitudes and values that demonstrate growth and self-development.

Course Objectives

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1.	Nursing Process: Apply the nursing process in the care of mothers, neonates and families during the childbearing period.
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Course Content

1. Caring for families, cultural diversity/inclusion, community care for the woman of reproductive age, pregnancy and the newborn
 - a. Current Trends In OB
 - b. Female reproductive system (A & P) r/t pregnancy
 - c. Fetal development
 - d. Reproductive technology: Diagnostic Tests, Genetics
2. Pregnancy
 - a. assessment
 - b. risks
 - c. labs
 - d. nutrition

- e. psychosocial issues
 - f. family dynamics
 - g. abuse
 - h. perinatal education
 - i. pharmacologic interventions
 - j. Adolescent Pregnancy
 - k. AMA
3. Alterations r/t pregnancy
- a. depression
 - b. Cardiac disease during pregnancy
 - c. Pre-eclampsia
 - d. HELLP
 - e. Chronic HTN
 - f. + VP
 - g. RH sensitization
 - h. ABO incompatibility
 - i. Teratogens/ pathogens
 - j. DVT
 - k. elective c-section
4. Labor (normal & dysfunctional)
- a. A&P stages
 - b. APGAR
 - c. Nursing care
 - d. EFM
 - e. Bonding/Breast feeding
 - f. pain management labor/PP
 - g. preterm labor/ postdates
 - h. ROM
 - i. Labor Induction
 - j. C/S – Operative Vaginal delivery
 - k. OB emergency
5. Postpartum
- a. assessment
 - b. hemorrhage
 - c. fluid balance
 - d. perinatal loss
6. Newborn (NB)
- a. assessment
 - b. NB education
 - c. NB nutrition needs (I & O)
 - d. NB risks
 - e. jaundice thermoregulation
 - f. birth anomalies affecting the newborn (diagnosis, treatment, community resources)
7. Alterations may also include
- a. Newborn
 - i. miliaria
 - ii. jaundice
 - iii. cleft palate
 - iv. intracranial hemorrhage trisomy
 - v. spina bifida
 - vi. hydrocephalus
 - vii. cystic fibrosis
 - viii. congenital defects
 - ix. cardiac anomalies
 - x. hypothyroidism
 - xi. pyloric stenosis
 - xii. intussusception
 - xiii. phimosis

- xiv. vesicoureteral reflux
- xv. galactosemia
- b. Maternal
 - i. nutrition during pregnancy
 - ii. bleeding during pregnancy
 - iii. Diabetes GDM/Type I & II
 - iv. hyperemesis gravidarum

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Group Work	Small group work: identifying the nursing process, professional practice, standards of care.
Lab	A combination of skills lab, simulation lab, virtual simulation modules, case studies, supervised clinical rotations & online simulated documentation and practice tests.
Lecture	Lecture with time for questions and instructor interaction.
Observation and Demonstration	This is done as part of our lab hours with direct observation by instructors as a requirement for clinical hours.

Online Adaptation

Types	Examples of learning activities
Discussion	Some discussions or activities may be online as per instructor.
Lecture	Lectures may be posted online as well as other online resources to support lecture.

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Unit exams and online NCLEX preparation standardized quizzes.
Essays/Papers	Care plans created for patients assigned in clinical. 1. Write clinical diagnosis and nursing diagnosis. 2. Write patient care plan and outcomes to be achieved.
Oral Presentations	Case studies shared in small groups. Small group discussions and post conference discussions to develop clinical decision making and judgement.
Simulation	Observation and demonstration of nursing skills and scenarios via simulation exercises will be conducted.
Class Participation	In class anonymous quizzing & class discussions.
Homework	1. Reading assignments in texts or journals as assigned. 2. Read assigned online case studies and self-tests.

Lab Activities

Practice and return demonstration of nursing skills. Case Studies help students develop clinical judgment skills and apply their knowledge in the context of patient care.

Assignments

Reading Assignments

Yes, from online Lippincott resources as part of the 2 year package for the nursing program.

Writing Assignments

Templates for development of clinical judgment and clinical decision making.

Outside-of-Class Assignments

Case Studies help students develop clinical judgment skills and apply their knowledge in the context of patient care, with two types of cases:

Practice & Learn Interactive Case Studies engage today's active learners in content review, case study practice application, and assessment.

Integrated Case Studies reflect the complex combination of skills typically performed in nursing practice, challenging students to think critically and prioritize patient care.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

Ricci, S.S., Terri, K., & Carman, S.

Title

Maternity and Pediatric Nursing

Edition/Version

4th Ed.

Publisher

Philadelphia; Wolters Kluwer

Year

2021

Rationale

Needed updated textbooks and this was part of a package purchased through Lippincott that readily integrates with our online Canvas Platform. The students own this edition of the eBook for life.

ISBN

Packaged product with an eBook for life.

Material Type

Other required materials/supplies

Description

LWW The Point Online Platform Access includes a package with multiple quizzes, skills videos, & Case Studies for students to access in an online platform that integrates with Canvas LMS.

SECTION G - Diversity, Equity and Inclusivity

How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?

This course prepares future healthcare workers to provide culturally competent and equitable care. Through understanding diverse health beliefs, social determinants, and disparities, students develop the skills and empathy needed to serve all patients with respect and fairness.

Course Codes (Admin Only)

CB00 State ID

CCC000652955

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No

Faculty Author's Comments

This course will be reduced from 4.5 units to 4.0 units and will go from a 6 week to a 5-week long course making it difficult to meet lab hours. Once approved, there will be 90 hours of lab and 45 hours of theory. Discussed with the BRN representative that the reduction of course hours and units is necessary in anticipation of reduction to the 16-week long semester, other factors were the title 4 possible government reductions in overall program hours, as well as the reduced numbers of students allowed in clinical site placements due to higher rate of new grad trainings and also FT faculty retirements. A lot of feedback from instructors and students about overall nursing course load which currently exceeds 36 unit minimum required by BRN. The overall reduction will be from 47 units to 41 units in the entire 2-year program. The abundance of clinical lab hours have been discussed in faculty meetings. Students also reported this to the BRN at their site visit in April of 2024. The BRN has approved the reduced number of clinical hours and units and we are well within the minimums.