

# KINE-292: SOFTBALL TEAM

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## Justification for this inactivation request

Course has not been successfully offered in more than three years.

## Effective Term

Fall 2026

## CC Approval

10/03/2025

## AS Approval

10/09/2025

## BOT Approval

10/16/2025

## COCI Approval

02/23/2026

## SECTION A - Course Data Elements

### CB04 Credit Status

Credit - Degree Applicable

### Discipline

Minimum Qualifications	And/Or
Coaching (Any Degree and Professional Experience)	Or
Health (Master's Degree)	Or
Physical Education (Master's Degree)	

### Subject Code

KINE - Kinesiology

### Course Number

292

### Department

Kinesiology

### Division

Kinesiology & Athletics

### Full Course Title

Softball Team

### Short Title

Softball Team

### CB03 TOP Code

1270.00 - Kinesiology

### CB08 Basic Skills Status

NBS - Not Basic Skills

### CB09 SAM Code

E - Non-Occupational

## SECTION B - Course Description

### Catalog Course Description

This is a course designed for the competitive softball player who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

## SECTION C - Conditions on Enrollment

### Open Entry/Open Exit

Yes

### Repeatability

Repeatable 3 Times

### Justification for awarding credit more than once

Intercollegiate athletics (either a course in which student athletes are enrolled to participate in an organized competitive sport sponsored by the district or conditioning course which supports the competitive sport)

### Grading Options

Letter Grade or Pass/No Pass

### Allow Audit

Yes

## Requisites

## SECTION D - Course Standards

### Is this course variable unit?

No

### Units

3.00

### Lab Hours

175.00

### Outside of Class Hours

0

### Total Contact Hours

175

### Total Student Hours

175

## Distance Education Approval

### Is this course offered through Distance Education?

Yes

### Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Permanent

## SECTION E - Course Content

### Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Students will demonstrate the skills, knowledge and strategies required to participate in intercollegiate softball.

**Course Objectives**

Upon satisfactory completion of the course, students will be able to:	
1.	Understand and employ physical basics (hitting, running, catching, throwing, bunting)
2.	Demonstrate knowledge of offensive and defensive game strategies
3.	Evaluate positional play
4.	Demonstrate knowledge of Commission on Athletics (COA) and NCAA rules and regulations
5.	Analyze and evaluate individual and team performance
6.	Set up a training plan for pre-season and season play
7.	Students will demonstrate positive sportsmanship, team and individual responsibility

**Course Content**

1. Conditioning skills and drills
  - a. Fielding drills - defensive emphasis
  - b. Hitting drills - offensive emphasis
  - c. Skill drills
    - i. fielding
    - ii. running
    - iii. hitting
    - iv. throwing
    - v. bunting
2. Play strategies - general/situationals
3. Rules and regulations
4. Sportsmanship, individual and team responsibility
5. Injury prevention

**Methods of Instruction****Methods of Instruction**

Types	Examples of learning activities
Lab	Students will be required to demonstrate skill acquisition of both offensive and defensive skills needed for intercollegiate play. Students will be required to demonstrate good sportsmanship, team and individual responsibility. Students will be required to analyze individual and team performance.
Lecture	Analysis of game and individual performance
Discussion	Lectures on the importance on teamwork, sportsmanship, and strategy
Activity	Individual and team skill drills, game play, small group play

**Online Adaptation**

Types	Examples of learning activities
Activity	
Discussion	
Group Work	
Individualized Instruction	
Lecture	

**Instructor-Initiated Online Contact Types**

Announcements/Bulletin Boards  
 Chat Rooms  
 Discussion Boards  
 E-mail Communication  
 Telephone Conversations  
 Video or Teleconferencing

**Student-Initiated Online Contact Types**

Chat Rooms  
 Discussions

**Course design is accessible**

Yes

**Methods of Evaluation****Methods of Evaluation**

Types	Examples of classroom assessments
Performances	Students will be required to demonstrate skill acquisition of both offensive and defensive skills needed for intercollegiate play. Students will be required to demonstrate good sportsmanship, team and individual responsibility. Students will be required to analyze individual and team performance. Participate in games, working with teammates.
Class Participation	Practice skills, fine tune technique through repetition.

**Assignments****Reading Assignments**

Students will be required to read instructor prepared handouts.

Students will be required to read Napa Valley College Student handbook.

**Writing Assignments**

Students will be required to complete game analysis.

Students will be required to complete individual skills analysis.

**Outside-of-Class Assignments**

Students will be required to participate in conference and nonconference play.

Competition may take place on weekends.

Competition will take place during non-scheduled class time.

**SECTION F - Textbooks and Instructional Materials****Material Type**

Textbook

**Author**

NCAA

**Title**

Softball: 2016-2017-Rules and Interpretations

**Publisher**

NCAA

**Year**

2016

**Material Type**

Textbook

**Author**

Kirk Walker

**Title**

The Softball Drill Book

**Edition/Version**

1st

**Publisher**

NCAA in Indianapolis Indiana

**Year**  
2007

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**Material Type**

Other required materials/supplies

**Description**

1. The primary resource material for students are handouts prepared by coach
  2. Other appropriate reference materials
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**SECTION G - Diversity, Equity and Inclusivity**

**Course Codes (Admin Only)**

**CB00 State ID**

CCC000616749

**CB10 Cooperative Work Experience Status**

N - Is Not Part of a Cooperative Work Experience Education Program

**CB11 Course Classification Status**

Y - Credit Course

**CB13 Special Class Status**

N - The Course is Not an Approved Special Class

**CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

**CB24 Program Course Status**

Program Applicable

**Allow Pass/No Pass**

Yes

**Only Pass/No Pass**

No