

# KINE-291: SOCCER TEAM

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**Effective Term**

Fall 2026

**CC Approval**

12/05/2025

**AS Approval**

12/11/2025

**BOT Approval**

12/18/2025

**COCI Approval**

02/06/2026

## SECTION A - Course Data Elements

**CB04 Credit Status**

Credit - Degree Applicable

**Discipline**

Minimum Qualifications	And/Or
Coaching (Any Degree and Professional Experience)	Or
Health (Master's Degree)	Or
Physical Education (Master's Degree)	

**Subject Code**

KINE - Kinesiology

**Course Number**

291

**Department**

Kinesiology

**Division**

Kinesiology &amp; Athletics

**Full Course Title**

Soccer Team

**Short Title**

Soccer Team

**CB03 TOP Code**

1270.00 - Kinesiology

**CIP Code**

31.0501

**CB08 Basic Skills Status**

NBS - Not Basic Skills

**CB09 SAM Code**

E - Non-Occupational

**Rationale**

Dangling Hours and Diversity.

## SECTION B - Course Description

### Catalog Course Description

This is a course designed for the competitive soccer player who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

## SECTION C - Conditions on Enrollment

### Open Entry/Open Exit

No

### Repeatability

Repeatable 3 Times

### Justification for awarding credit more than once

Intercollegiate athletics (either a course in which student athletes are enrolled to participate in an organized competitive sport sponsored by the district or conditioning course which supports the competitive sport)

### Grading Options

Letter Grade or Pass/No Pass

### Allow Audit

Yes

## Requisites

## SECTION D - Course Standards

### Is this course variable unit?

No

### Units

3.00

### Lab Hours

162.00

### Outside of Class Hours

0

### Total Contact Hours

162

### Total Student Hours

162

## Distance Education Approval

### Is this course offered through Distance Education?

Yes

### Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Emergency Only

## SECTION E - Course Content

### Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Demonstrate the skills and utilize strategies required to participate in intercollegiate soccer.

## Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Demonstrate knowledge of sportsmanship.
2.	Analyze defensive strategies for game play.
3.	Analyze offensive strategies for game play.
4.	Evaluate individual and team performance.
5.	Demonstrate acquisition of skills necessary for intercollegiate play.
6.	Demonstrate knowledge of Commission on Athletics (COA), NCAA and FIFA rules and regulations.
7.	Set up a physical conditioning program for pre-season and season play.
8.	Demonstrate team leadership and responsibility.

## Course Content

1. Individual skills development:
  - a. dribbling
  - b. passing
  - c. heading
  - d. shooting
  - e. direct kicks
  - f. indirect kicks
  - g. penalty kicks
  - h. corner kicks
  - i. crossing
  - j. goalie techniques
2. Offensive strategy techniques and field positioning
3. Defensive strategy techniques and field positioning
4. Rules and regulations and sportsmanship, team leadership and responsibility
5. Soccer training and physical conditioning programs
6. Match analysis

## Methods of Instruction

### Methods of Instruction

Types	Examples of learning activities
Lab	Students will be required to demonstrate good sportsmanship, individual and team responsibility. Students will be required to demonstrate skill acquisition for competitive play. Students will be required to analyze team and individual performance.
Activity	Students will participate in and compete in intercollegiate soccer. Group Drills: Students will do drills to enhance their tactical understanding of soccer. Individual Technique Drills: Students will do drills to enhance their personal soccer skills. Team Work: Students will prepare in a team setting to compete with other college teams.
Other	Group Drills: Students will do drills to enhance their tactical understanding of soccer.  Individual Technique Drills: Students will do drills to enhance their personal soccer skills.  Teamwork: Students will prepare in a team setting to compete with other college teams.

**Online Adaptation**

Types	Examples of learning activities
Discussion	Students will participate in message boards and check ins.
Individualized Instruction	Students will upload and evaluate video of their progress.
Lecture	Students will view lectures online.

**Instructor-Initiated Online Contact Types**

Announcements/Bulletin Boards  
 Chat Rooms  
 Discussion Boards  
 E-mail Communication  
 Telephone Conversations  
 Video or Teleconferencing

**Student-Initiated Online Contact Types**

Chat Rooms  
 Discussions

**Course design is accessible**

Yes

**Methods of Evaluation****Methods of Evaluation**

Types	Examples of classroom assessments
Performances	Students will be required to participate in skill acquisition drills. Students will be required to analyze game situations and individual performance. Students will be required to demonstrate good sportsmanship, teams and individual responsibility. Evaluation of individual and team performance. Participation in competitive events.
Class Participation	Completion of training program. Development of a cooperative attitude.

**Assignments****Reading Assignments**

Students will be required to read the NVC Student Athlete Handbook.  
 Students will be required to read handouts on nutrition.  
 Students will be required to read the team playbook.

**Writing Assignments**

Students will be required to develop practice plan and evaluate performance.  
 Students will conduct written pregame and post-game analysis.

**Outside-of-Class Assignments**

Students will be required to participate in conference and non-conference play.  
 Competition will take place on weekends and outside of scheduled class time.

**SECTION F - Textbooks and Instructional Materials****Material Type**

Textbook

**Author**

International Football Association Board

**Title**

Laws of the Game

**Publisher**

International Football Association

**Year**

2025

**Rationale**

Updated Laws of the Game. NO ISBN

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**Material Type**

Other required materials/supplies

**Description**

1. The primary resource material for students are handouts prepared by the coach
  2. Other reference materials
  3. Current NCAA Manual
  4. National Collegiate Athletic Association
  5. Current FIFA Rule Book
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**SECTION G - Diversity, Equity and Inclusivity****How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?**

This course supports diversity and inclusion by welcoming all participants, offering exercise modifications for different abilities, and fostering respect and encouragement. This ensures everyone can participate, grow, and feel valued, creating a stronger, more inclusive community.

**Course Codes (Admin Only)****CB00 State ID**

CCC000616748

**CB10 Cooperative Work Experience Status**

N - Is Not Part of a Cooperative Work Experience Education Program

**CB11 Course Classification Status**

Y - Credit Course

**CB13 Special Class Status**

N - The Course is Not an Approved Special Class

**CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

**CB24 Program Course Status**

Program Applicable

**Allow Pass/No Pass**

Yes

**Only Pass/No Pass**

No