

# KINE-290: GOLF TEAM

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## Effective Term

Fall 2026

## CC Approval

11/07/2025

## AS Approval

11/13/2025

## BOT Approval

11/20/2025

## COCI Approval

02/06/2026

## SECTION A - Course Data Elements

### CB04 Credit Status

Credit - Degree Applicable

### Discipline

Minimum Qualifications	And/Or
Coaching (Any Degree and Professional Experience)	Or
Health (Master's Degree)	Or
Physical Education (Master's Degree)	

### Subject Code

KINE - Kinesiology

### Course Number

290

### Department

Kinesiology

### Division

Kinesiology & Athletics

### Full Course Title

Golf Team

### Short Title

Golf Team

### CB03 TOP Code

1270.00 - Kinesiology

### CIP Code

31.0501

### CB08 Basic Skills Status

NBS - Not Basic Skills

### CB09 SAM Code

E - Non-Occupational

### Rationale

Dangling Hours and Diversity.

## SECTION B - Course Description

### Catalog Course Description

This is a course designed for the competitive golfer who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

## SECTION C - Conditions on Enrollment

### Open Entry/Open Exit

No

### Repeatability

Repeatable 3 Times

### Justification for awarding credit more than once

Intercollegiate athletics (either a course in which student athletes are enrolled to participate in an organized competitive sport sponsored by the district or conditioning course which supports the competitive sport)

### Grading Options

Letter Grade or Pass/No Pass

### Allow Audit

Yes

## Requisites

## SECTION D - Course Standards

### Is this course variable unit?

No

### Units

3.00

### Lab Hours

162.00

### Outside of Class Hours

0

### Total Contact Hours

162

### Total Student Hours

162

## Distance Education Approval

### Is this course offered through Distance Education?

Yes

### Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Emergency Only

## SECTION E - Course Content

### Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Demonstrate knowledge, skills and strategies required to participate in intercollegiate golf.

## Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Demonstrate good sportsmanship.
2.	Employ physical skills necessary for competition.
3.	Understand and demonstrate mechanics of swing fundamentals with woods, long irons, mid-irons, short irons, putters.
4.	Demonstrate knowledge of game strategy.
5.	Demonstrate ability to critically analyze individual performance.
6.	Understand rules and regulations governing eligibility and competition and course etiquette.
7.	Understand and analyze trouble shots and evaluate various solutions.
8.	Set up a training plan for preseason and season.
9.	A student is allowed to repeat the course provided that the student, in consultation with the coach, identify and select skills to be improved upon. The student will be introduced to the skill development required for advanced skills. Additionally, the athlete will be expected to reach a higher level of conditioning and performance. Advanced athletes will be expected to develop greater leadership skills and team responsibilities.

## Course Content

1. Sportsmanship, team leadership and team responsibility
2. Rules and regulations governing eligibility and competition
3. Analysis of stroke mechanics for woods, irons (long, short, mid) putters
4. Swing mechanics and analysis (including stance, grip, swing)
5. Mental preparation for game
6. Game strategy: long game, short game, course analysis
7. Golf course etiquette

## Methods of Instruction

### Methods of Instruction

Types	Examples of learning activities
Lab	Students will be required to analyze game performance. Students will be required to learn and practice golf strokes: long, short, chip, sand. Students will be required to demonstrate proper sportsmanship and course etiquette.
Activity	Students will participate in and compete at golf.
Other	Group drills: students will do drills to enhance their tactical understanding of golf. Individual technique drills: students will do drills to enhance their personal golf skills. Teamwork: students will prepare in a team setting to compete with other college teams.

### Online Adaptation

Types	Examples of learning activities
Activity	Students will participate in and compete at golf.
Discussion	Message boards will be used as check ins.
Individualized Instruction	Students will be asked to upload and review swing analytics.

### Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards  
 Chat Rooms  
 Discussion Boards  
 E-mail Communication  
 Telephone Conversations  
 Video or Teleconferencing

### Student-Initiated Online Contact Types

Chat Rooms  
 Discussions

**Course design is accessible**

Yes

**Methods of Evaluation****Methods of Evaluation**

Types	Examples of classroom assessments
Class Participation	Students will be required to participate in class drills and play analysis. Students will be required to review film analysis of stroke work. Students will be required to compete within the class and as a member of the intercollegiate team.
Lab Activities	Students will be required to work on golf shots: drives, chips, putts, sand. Students will be required to demonstrate proper golf etiquette on the home course as well as visiting courses.
Other	<p>Class Performance: evaluation of individual performance.</p> <p>Lab Activities: participation in competitive events.</p> <p>Class work: at practice.</p> <p>Class work: competitive attitude.</p>

**Assignments****Reading Assignments**

The student will read from the textbooks and also from the handouts provided from the instructor.

- 1) Read the chapter on golf etiquette in the USGA Golf Rules Illustrated.
- 2) Read the rule on what to do on an unplayable lie in the USGA Golf Rules Illustrated.

**Writing Assignments**

Students will be required to develop practice plan and evaluate their competitive performance. The student will write essays from the handouts provided from the instructor. The student will also analyze his/her performance on video and give a brief synopsis.

- 1) Read the article on how to fix your problem in Golf the Best Instruction Ever and list the remedies for it.
- 2) Read the golf drills portion in the Golf the Best Instruction Ever and list the drills.

**Outside-of-Class Assignments**

Students will be required to participate in conference and nonconference competitions. Competition may take place on the weekends and outside of scheduled class meetings.

- 1) Play 18-hole match vs team members.
- 2) Play an 18-hole match vs a conference opponent.

**SECTION F - Textbooks and Instructional Materials****Material Type**

Textbook

**Author**

USGA

**Title**

The Rules of Golf

**Publisher**

USGA

**Year**

2023

**Material Type**

Other required materials/supplies

**Description**

1. Handouts from Total Golf - Golf Digest
  2. Videos - (7) Lessons from Ledbetter, 1995
  3. Other handouts from other sources
  4. The primary resource material for students are handouts prepared by the coach
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**SECTION G - Diversity, Equity and Inclusivity****How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?**

This course supports diversity and inclusion by welcoming all participants, offering exercise modifications for different abilities, and fostering respect and encouragement. This ensures everyone can participate, grow, and feel valued, creating a stronger, more inclusive community.

**Course Codes (Admin Only)****CB00 State ID**

CCC000616747

**CB10 Cooperative Work Experience Status**

N - Is Not Part of a Cooperative Work Experience Education Program

**CB11 Course Classification Status**

Y - Credit Course

**CB13 Special Class Status**

N - The Course is Not an Approved Special Class

**CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

**CB24 Program Course Status**

Program Applicable

**Allow Pass/No Pass**

Yes

**Only Pass/No Pass**

No