

HIST-150: HISTORY OF AMERICAN WOMEN 1600-1900

Effective Term

Fall 2026

CC Approval

02/06/2026

AS Approval

03/12/2026

BOT Approval

03/19/2026

SECTION A - Course Data Elements
CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
History (Master's Degree)	

Subject Code

HIST - History

Course Number

150

Department

History

Division

Social Sciences (SOCS)

Full Course Title

History of American Women 1600-1900

Short Title

Hist of Am Women 1600-1900

CB03 TOP Code

2205.00 - History

CIP Code

54.0101

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

Rationale

Update Prerequisite and DEI.

SECTION B - Course Description
Catalog Course Description

A survey of the experiences and contributions of women in the political, social, economic, and cultural development of the U.S. from the pre-colonial period to the end of the 19th century. This course will include study of diverse groups of women, including Native Americans, African Americans, Latinas, and Asian Americans.

SECTION C - Conditions on Enrollment**Open Entry/Open Exit**

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites**Advisory Prerequisite(s)**

Eligibility for ENGL-C1000 or appropriate placement.

SECTION D - Course Standards**Is this course variable unit?**

No

Units

3.00

Lecture Hours

54.00

Outside of Class Hours

108

Total Contact Hours

54

Total Student Hours

162

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Critically analyze primary source evidence and evaluate that evidence in the context of broader historical themes and developments.
2.	Argue a historical thesis that explains the development of social, political, economic and/or cultural patterns in U.S. history, and use primary and/or secondary sources to support that thesis.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Apply basic research methodology.
2.	Evaluate and interpret history through the examination of primary and secondary sources.
3.	Identify key economic, political, social and cultural factors shaping the experience and status of women from early colonial settlement to
4.	Trace the expansion of women's roles outside the home and in the public sphere, including the origins and ideas of the first women's rights movement.
5.	Analyze how historical events such as colonization, the American Revolution, religious movements, social reform, westward expansion, abolition, the Civil War, industrialization, urbanization, and mass immigration shaped women's lives and opportunities.
6.	Trace the sources of sexism and racism directed toward women and discuss how these factors both united and divided women of various ethnicities.
7.	Evaluate the diversity of women's experiences across racial, class, ethnic and economic boundaries.

Course Content

1. Introduction to the Study of Women in History
 - a. History of the Field - what distinguishes it from traditional history
 - b. Current status of discipline - new ethnic perspectives; gender
2. Women in Early Colonial Society
 - a. Native American women and their pre-colonization roles and status
 - b. Historical context of colonization and slavery
 - c. African background of female slaves, characteristics of slave community and female slaves' experiences in colonial period
 - d. Social, economic and legal status of colonial women
 - e. Role of religion in colonial women's lives
 - f. Colonial family structures
3. Women in the 18th Century
 - a. Life in the Empire - frontiers, borderlands, towns and cities
 - b. The Revolution and Women - Euro, African, and Native American women's roles and experiences
 - c. Changes and opportunities for women after the Revolution
4. Women in the Antebellum North
 - a. Economic, social, and political changes
 - b. Sex, gender, and the "cult of domesticity"
 - c. Early women factory workers - experiences and organizations
 - d. Free black communities in the North
5. Women in the Antebellum South
 - a. White women in a slave society - yeoman women and plantation mistresses
 - b. Black women on the plantation and the slave family
6. Women Reformers
 - a. Separate spheres and public roles
 - b. Women in religious movements and social reform
 - c. Women in abolitionism
 - d. Origins and analysis of first women's rights movement
7. Women in the West
 - a. Westward expansion and "Manifest Destiny"
 - b. Women on the frontier
 - c. Indian women, *Tejanas*, and *Californianas*
8. Civil War, Emancipation and Reconstruction
 - a. Women in the War
 - b. Women in Reconstruction in the North and South
 - c. Women's rights and the 15th Amendment
9. Women and the late 19th century West
 - a. Pioneer and Native American Women
 - b. Women on the Overland Trail
 - c. Women in the gold and silver rushes
 - d. Immigrant women in the West
 - e. Agrarian Reformers
10. Industrialization, Urbanization, and Immigration

- a. Women and Work
- b. The city and the New Woman
- c. European and Asian Immigration
- d. Women and Reform

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Discussion	
Lecture	Lecture supplemented by multimedia presentations (outlines, images, etc.) and discussions of major topics as needed.

Online Adaptation

Types	Examples of learning activities
Directed Study	
Discussion	
Lecture	

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Discussion Boards
 E-mail Communication

Student-Initiated Online Contact Types

Discussions

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Multiple choice, short answer, and/or essay Final Exam -- Exam including multiple choice, short answer, and/or essay questions covering topics such as women's experiences during Reconstruction, westward migration, urbanization and industrialization, and social reform. Mid Term -- Exam including multiple choice, short answer, and/or essay question covering such topics as women's experiences in colonial America, Republican motherhood, antebellum work and organization, and social reform.
Quizzes	Multiple choice and/or short answer
Projects	Research Projects
Essays/Papers	
Other	In addition to out-of-class writing assignments, methods of evaluation for this course will include an essay component on at least one exam.

Assignments

Reading Assignments

Course Textbook
 Selected Primary Source Readings, such as:
 Testimony from the trial of Anne Hutchinson
 Excerpts from Mary Rowlandson's Captivity Narrative
 Letters of Abigail Adams
 Excerpts from the memoir of Harriet Jacobs
 The Declaration of Sentiments

Writing Assignments

Out-of-class writing assignments may include any/all of the following: analytical essays, research projects, book reports, and historical journals.

Examples of Analytical Essays:

Example 1: "In a four-page essay, compare and contrast the roles and responsibilities of Indian, slave, and white women in the early colonial period."

Example 2: "In a three-page essay, discuss how women's experiences within antebellum reform movements, especially abolitionism, led them into the struggle for women's rights."

SECTION F - Textbooks and Instructional Materials**Material Type**

Textbook

Author

Coryell, J

Title

A History of American Women

Edition/Version

1st

Publisher

McGraw Hill

Year

2012

Material Type

Textbook

Author

DuBois, E.

Title

Through Women's Eyes: An American History with Documents

Edition/Version

4th

Publisher

Bedford/St. Martin's

Year

2015

Material Type

Textbook

Author

Woloch, N

Title

Women and the American Experience

Edition/Version

5th

Publisher

McGraw Hill

Year

2011

SECTION G - Diversity, Equity and Inclusivity

How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?

The course includes the perspectives and experiences of historically marginalized groups—such as Indigenous peoples, African Americans, Latinx communities, Asian Americans, women, LGBTQ+ individuals, immigrants, and laborers. By highlighting their contributions and struggles, the course helps all students see themselves in the nation's history, fostering a more inclusive understanding of the past.

Course Codes (Admin Only)

CB00 State ID

CCC000241976

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No