

DANS-138B: MODERN DANCE II

Effective Term

Fall 2026

CC Approval

02/06/2026

AS Approval

03/12/2026

BOT Approval

03/19/2026

COCI Approval

05/04/2026

SECTION A - Course Data Elements
Send Workflow to Initiator

No

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Dance (Master's Degree)	

Subject Code

DANS - Dance

Course Number

138B

Department

Dance

Division

KINE

Full Course Title

Modern Dance II

Short Title

Modern Dance II

CB03 TOP Code

1008.00 - Dance

CIP Code

50.0301

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

Rationale

1 of 4 "family" courses were missed on last round of edits.

SECTION B - Course Description

Catalog Course Description

The level II Modern Dance course builds on the concepts, principles and techniques of the Level I Modern dance course. Students will advance their technical acuity, learn elementary improvisational techniques and begin to craft movement combinations. Students will begin to define the modern dance experience as "dance-as-self expression".

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites

Advisory Prerequisite(s)

Basic level modern dance experience.

SECTION D - Course Standards

Is this course variable unit?

No

Units

1.5

Activity Hours

54

Outside of Class Hours

27

Total Contact Hours

54

Total Student Hours

81

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Demonstrate knowledge of dance technique to safely participate in dance activity/genre.
2.	Demonstrate knowledge of dance vocabulary.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Students will demonstrate knowledge of dance technique to safely participate in dance activity/genre.
2.	Students will understand basic principles of anatomy, physiology, and/or biomechanics that apply to dance genre/activity.

Course Content

1. Modern Dance as an individual means of self-expression.
2. Modern dance Techniques for basic movement expanded to incorporate:
 - a. Faster transitions from standing to floor (and reverse).
 - b. Complicated rhythmical combinations.
 - c. Aerial leaps, hops, jumps, and
 - d. complicated spatial and directional movement patterns.
3. Level II interpretation of qualitative elements of dance.
 - a. Emotive interpretation
 - b. Dynamic interpretation
4. Level II exploration of improvisational techniques.

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	Exercises and combinations.
Critique	Self and instructor generated.
Discussion	1. Technique 2. History
Lecture	1. Technique 2. Vocabulary 3. History
Visiting Lecturers	1. Prominent choreographer 2. Specific technique

Online Adaptation

Types	Examples of learning activities
Activity	Exercises and combinations.
Critique	Self and instructor generated.
Discussion	1. Technique 2. History
Lecture	1. Technique 2. Vocabulary
Other	Video submissions of practice or performance.

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Chat Rooms
 Discussion Boards
 E-mail Communication
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
Discussions
Group Work

Course design is accessible

Yes

Methods of Evaluation**Methods of Evaluation**

Types	Examples of classroom assessments
Exams/Tests	1. Vocabulary 2. Technique Final Exam 1. Physical technique 2. Vocabulary
Projects	1. Origins/History 2. Historical figure in dance
Other	Group Projects 1. Short choreographic Assignments 2. Peer Critiques
Other	Participatory technique, vocabulary, warm-up and conditioning skills.
Homework	1. Research 2. Rehearse technique or combinations

Assignments**Reading Assignments**

Article: "Dance and Multiple Intelligences"

Text: Chapter Two "Image Training."

Writing Assignments

Describe which intelligences you use in your dancing.

Describe the everyday experiences that you can incorporate into a dance.

SECTION F - Textbooks and Instructional Materials**Material Type**

Textbook

Author

Legg, J.

Title

Introduction to Modern Dance Techniques

Edition/Version

1st

Publisher

Princeton Book Company, Publishers

Year

2011

Rationale

This is the most current edition of the book.

SECTION G - Diversity, Equity and Inclusivity

How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?

This course reflects current strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students.

Course Codes (Admin Only)

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No