

# DANS-134D: BALLET TEACHING ASSISTANT

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## Justification for this inactivation request

Course has not been offered in over three years.

## Effective Term

Fall 2026

## CC Approval

10/03/2025

## AS Approval

10/09/2025

## BOT Approval

10/16/2025

## COCI Approval

02/23/2026

## SECTION A - Course Data Elements

### CB04 Credit Status

Credit - Degree Applicable

### Discipline

Minimum Qualifications	And/Or
Dance (Master's Degree)	

### Subject Code

DANS - Dance

### Course Number

134D

### Department

Dance

### Division

Kinesiology & Athletics

### Full Course Title

Ballet Teaching Assistant

### Short Title

Ballet Teaching Assistant

### CB03 TOP Code

1008.00 - Dance

### CB08 Basic Skills Status

NBS - Not Basic Skills

### CB09 SAM Code

E - Non-Occupational

## SECTION B - Course Description

### Catalog Course Description

Course allows the advanced Ballet student to experience basic ballet dance pedagogy.

## SECTION C - Conditions on Enrollment

### Open Entry/Open Exit

No

### Repeatability

Not Repeatable

### Grading Options

Letter Grade or Pass/No Pass

### Allow Audit

Yes

## Requisites

### Advisory Prerequisite(s)

Completion of DANS-134B or higher with minimum grade of B and/or demonstrated intermediate or advanced level ballet technique.

## SECTION D - Course Standards

### Is this course variable unit?

Yes

### Units

1.00

### Units Maximum

1.50

### Activity Hours

36.00

### Activity Hours Maximum

54.00

### Outside of Class Hours

18

### Outside of Class Hours Maximum

27

### Total Contact Hours

36

### Total Contact Hours Maximum

54

### Total Student Hours

54

### Total Student Hours Maximum

81

## Distance Education Approval

### Is this course offered through Distance Education?

Yes

### Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Emergency Only
Hybrid	Permanent

## SECTION E - Course Content

### Student Learning Outcomes

**Upon satisfactory completion of the course, students will be able to:**

1. Demonstrate knowledge of dance technique to safely participate in dance activity/genre.
2. Understand basic principles of anatomy, physiology, and / or biomechanics that apply to dance activity / genre.
3. Value the psychological and sociological concepts that apply to dance genre.
4. Apply knowledge of health and wellness to develop and informed, personal approach to mental and physical health.

### Course Objectives

**Upon satisfactory completion of the course, students will be able to:**

1. Demonstrate ballet movement technique to entry level dancers.
2. Assist entry level dancers with specific ballet technique or movement phrases.
3. Assist instructor with class assignment assessments.
4. Create small ballet movement phrases to teach to class.

### Course Content

1. Assist instructor in the administration of:
  - a. Information outlined in syllabus such as attendance policy, academic guidelines and assignments;
  - b. technique, alignment;
  - c. theory and history; and
  - d. rehearsal of movement phrases.
2. Create short choreographic phrases:
  - a. for peer teaching experience;
  - b. for assessment by instructor for
    - i. educational content,
    - ii. technique, and
    - iii. to improve pedagogical skills such as safety in the classroom, technical assessment, form and content of classroom choreography, and communication skills.

## Methods of Instruction

### Methods of Instruction

Types	Examples of learning activities
Activity	Dance technique and phrases
Other	Movement assessment
Field Experience	Peer instruction
Individualized Instruction	Pedagogical mentoring

### Online Adaptation

Types	Examples of learning activities
Activity	
Directed Study	
Discussion	
Group Work	
Individualized Instruction	
Journal	
Lecture	

### Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards  
 Chat Rooms  
 Discussion Boards  
 E-mail Communication  
 Telephone Conversations

Video or Teleconferencing

### Student-Initiated Online Contact Types

Chat Rooms  
Discussions  
Group Work

### Course design is accessible

Yes

## Methods of Evaluation

### Methods of Evaluation

Types	Examples of classroom assessments
Essays/Papers	Assigned from textbooks
Projects	Choreography assignments
Other	Group Projects -- peer teaching
Lab Activities	Demonstration of technique
Performances	Assisting instructor with class assessments

## Assignments

### Reading Assignments

1. Chapter One: "The Fundamentals of Teaching Dance Technique" from Nora Ambrosio's text.
2. Chapter Five: "Well Turned Out" from Valerie Grieg's text.

### Writing Assignments

1. Create a unit lesson and outline learning goals and content. Estimate time allotments for each section of the class.
2. Create a short outline of technique involved in proper ballet turnout for adult beginning ballet students.

### Outside-of-Class Assignments

Create entry-level ballet phrase (choreography) to teach to students.

## SECTION F - Textbooks and Instructional Materials

### Material Type

Textbook

### Author

Ambrosio, N.

### Title

The Excellent Instructor and the Teaching of Dance Technique

### Edition/Version

2nd

### Publisher

Kendall / Hunt Publishing Company

### Year

2012

### Material Type

Textbook

### Author

Grieg, V

**Title**

Inside Ballet Technique: Separating Anatomical Fact From Fiction in the Ballet Class

**Edition/Version**

1st

**Publisher**

Dance Horizons (Princeton Book Company, Publishers)

**Year**

1994

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**Material Type**

Other required materials/supplies

**Description**

Any entry level anatomy information in any form: text, computer application, etc.

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**SECTION G - Diversity, Equity and Inclusivity****Course Codes (Admin Only)****CB00 State ID**

CCC000552408

**CB10 Cooperative Work Experience Status**

N - Is Not Part of a Cooperative Work Experience Education Program

**CB11 Course Classification Status**

Y - Credit Course

**CB13 Special Class Status**

N - The Course is Not an Approved Special Class

**CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

**CB24 Program Course Status**

Program Applicable

**Allow Pass/No Pass**

Yes

**Only Pass/No Pass**

No