

CFS-295: CA PRESCHOOL FOUNDATIONS & FRAMEWORKS: PHYSICAL DEVELOPMENT

Justification for this inactivation request

Course not offered in more than three years.

Effective Term

Fall 2026

CC Approval

10/03/2025

AS Approval

10/09/2025

BOT Approval

10/16/2025

COCI Approval

02/23/2026

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Child Development/Early Childhood Education (Master's Degree)	

Subject Code

CFS - Child and Family Studies

Course Number

295

Department

Child and Family Studies & Education

Division

Career Education and Workforce Development (CEWD)

Full Course Title

CA Preschool Foundations & Frameworks: Physical Development

Short Title

Physical Development

CB03 TOP Code

1305.00 - *Child Development/Early Care and Education

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

SECTION B - Course Description

Catalog Course Description

Introduction to the physical development domain of the California Preschool Learning Foundations and Frameworks including strands of fundamental movement skills, perceptual-motor skills and movement concepts, and active physical play. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required, or professional development, units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites

SECTION D - Course Standards

Is this course variable unit?

No

Units

1.00000

Lecture Hours

18

Outside of Class Hours

36

Total Contact Hours

18

Total Student Hours

54

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:

1. Explain the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).

2. Plan environments and opportunities to support physical development, based on the observation of children in classroom settings.
3. Articulate the teacher's role in collaborating with families to support children's physical development.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Define the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).
2. Use knowledge of the physical development strands to select equipment and materials and plan experiences to promote physical development in individual children.
3. Share strategies and design ideas for the integration of physical development opportunities across all areas of the curriculum.
4. Discuss the ways teachers collaborate with parents and other caregivers to support children's physical development.

Course Content

1. Introduction to the California Preschool Learning Foundations: Physical Development
 - a. Purpose and use
 - b. Relationship to the Content Standards for California Public Schools (kindergarten)
 - c. Relationship to Desired Results Developmental Profile (DRDP)
2. Physical development strands
 - a. Fundamental movement skills
 - b. Perceptual-Motor skills and movement concepts
 - c. Active Physical Play
3. Implementation of the Foundations and Frameworks
 - a. Planning based on observation of children's interests, skills and abilities.
 - b. Use of daily experiences and routines as a vehicle to provide diverse opportunities for physical development.
 - c. Objects and materials to promote movement, perceptual motor skills, and active play.
 - d. Integration of physical experiences into all areas of the curriculum
4. Supporting English language learners in developing physical skills as they concurrently acquire English.
5. Partnership with parents and other caregivers in supporting children's physical development.

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Discussion	
Lecture	

Online Adaptation

Types	Examples of learning activities
Discussion	
Lecture	

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Chat Rooms
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
 Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Quizzes	Multiple Choice and Short Answer quizzes on the purpose of, and the content in, the CA Foundations and Frameworks for Physical Development.
Essays/Papers	
Projects	Students will be evaluated on their ability to plan opportunities for physical development through written curriculum proposals.

Assignments

Reading Assignments

Read Chapter 3 Physical Development in the California Learning Foundations, Volume 3.

Writing Assignments

Write a paper identifying appropriate activities and equipment or tools based on specific scenarios of individual children.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

California Department of Education

Title

CA Preschool Learning Foundations, Volume 2

Publisher

California Department of Education

Year

2010

Material Type

Textbook

Author

California Department of Education

Title

CA Preschool Curriculum Framework, Volume 2

Publisher

California Department of Education

Year

2011

SECTION G - Diversity, Equity and Inclusivity

Course Codes (Admin Only)

CB00 State ID

CCC000632746

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Not Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No