

CFS-292: CA PRESCH FDN. & FRAMEWORK: HEALTH

Justification for this inactivation request

Course not offered in more than three years.

Effective Term

Fall 2026

CC Approval

10/03/2025

AS Approval

10/09/2025

BOT Approval

10/16/2025

COCI Approval

02/23/2026

SECTION A - Course Data Elements**CB04 Credit Status**

Credit - Degree Applicable

Subject Code

CFS - Child and Family Studies

Course Number

292

Department

Child and Family Studies & Education

Division

Career Education and Workforce Development (CEWD)

Full Course Title

Ca Presch Fdn. & Framework: Health

Short Title

CA Pre Found & Fw Health

CB03 TOP Code

1305.00 - *Child Development/Early Care and Education

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

SECTION B - Course Description**Catalog Course Description**

Introduction to the health domain of the California Preschool Learning Foundations and Frameworks including strands of health habits, safety, and nutrition. Provides practical strategies for implementing the curriculum frameworks. Applicable to required or professional development units for Child Development Permit holders, as well as pre-school, transitional kindergarten, and early-primary teachers.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites

SECTION D - Course Standards

Is this course variable unit?

No

Units

1.00000

Lecture Hours

18.00

Outside of Class Hours

36

Total Contact Hours

18

Total Student Hours

54

Distance Education Approval

Is this course offered through Distance Education?

No

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:

1. Explain the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental (DRDP), California Common Core State Standards for kindergarten and Content Standards for California Public Schools (kindergarten).
2. Plan environments and experiences related to the development of healthy habits, personal safety, and nutrition, based on the observation of children in classroom settings.
3. Articulate the teacher's role in collaboration with families to support the development of healthy habits in young children.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Define the roles of the California Preschool Learning Foundations and Frameworks: Health in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).
2. Use knowledge of the health strands to select materials and plan classroom experiences based on observations of children.

3. Describe the teacher's role in children's safety during school hours.
4. Discuss the ways teachers collaborate with parents and other caregivers to support children's healthy habits.

Course Content

- I. Introduction to the California Preschool Learning Foundations: Health
 - A. Purpose and use
 - B. Relationship to Desired Results Developmental Profile (DRDP) and the Content Standards for California Public Schools (kindergarten)
- II. Health strands
 - A. Health habits
 - B. Safety
 - C. Nutrition
- III. Implementation of the Foundations and Frameworks
 - A. Planning based on observation of children's interests, skills and abilities
 - B. Use of daily experiences and routines as a vehicle to promote children's understanding of good health
 - C. Objects and materials to promote healthy habits
 - D. Objects and materials that are relevant and meaningful
 - E. Integration of health-related routines into all areas of the curriculum
- IV. Supporting English language learners in developing healthy habits as they concurrently acquire English
- V. Partnership with parents and other caregivers in supporting children's good health

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Discussion	Students will discuss practices that promote healthy habits in young children.
Lecture	On topics related to materials as approved.
Other	Projects

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Quizzes	Multiple Choice and Short Answer quizzes on the purpose of, and the content in, the CA Foundations and Frameworks for Health.
Essays/Papers	Write a paper describing how health routines can be integrated across all areas of the curriculum.

Assignments

Reading Assignments

Read Chapter 4 Health in CA Curriculum Framework, Volume 2.

Writing Assignments

Develop a plan for creating routines in the classroom connected to the area of

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

California Department of Education

Title

CA Preschool Learning Foundations, Volume 2

Publisher

California Department of Education

Year

2010

Material Type

Textbook

Author

California Department of Education

Title

CA Preschool Curriculum Framework, Volume 2

Publisher

California Department of Education

Year

2011

SECTION G - Diversity, Equity and Inclusivity

How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?

Curriculum for preschool operations specifically for health and awareness within the system.

Course Codes (Admin Only)

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Not Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No