

# ADS-193: SUPERVISED PRACTICUM FOR ADDICTION STUDIES 1

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**Effective Term**

Fall 2026

**CC Approval**

12/05/2025

**AS Approval**

12/11/2025

**BOT Approval**

12/18/2025

**COCI Approval**

02/19/2026

**SECTION A - Course Data Elements**
**CB04 Credit Status**

Credit - Degree Applicable

**Discipline**

Minimum Qualifications	And/Or
Counseling (Master's Degree)	

**Subject Code**

ADS - Addiction Studies

**Course Number**

193

**Department**

Counseling

**Division**

Counseling (COUN)

**Full Course Title**

Supervised Practicum for Addiction Studies 1

**Short Title**

Addiction Studies Practicum 1

**CB03 TOP Code**

2104.40 - \*Alcohol and Controlled Substances

**CB08 Basic Skills Status**

NBS - Not Basic Skills

**CB09 SAM Code**

B - Advanced Occupational

**Rationale**

Minor Modification to add hyphen to a referenced course.

## SECTION B - Course Description

### Catalog Course Description

This course is the first part of a supervised fieldwork practicum that actively involves students at a supervised chemical dependency service site. Students apply and integrate the values, knowledge, and skills learned in the classroom through direct, hands-on experience in the area of alcohol and drug counseling. Special attention is given to individual, group, and family counseling.

## SECTION C - Conditions on Enrollment

### Open Entry/Open Exit

No

### Repeatability

Not Repeatable

### Grading Options

Letter Grade or Pass/No Pass

### Allow Audit

Yes

## Requisites

### Prerequisite(s)

Completion of ADS-100, ADS-120, ADS-123, HSRV-120 and HSRV-124 with a minimum grade of C.

### Corequisite(s)

Previous completion of or concurrent enrollment in ADS-123 with a minimum grade of C.

### Limitation on Enrollment

Assessment by Program Coordinator.

## Requisite Justification

### Requisite Description

Course in a Sequence

### Subject

ADS

### Course #

100

### Level of Scrutiny

Required by 4-Year Institution

### Explanation

Required prerequisite listed in C-ID descriptors for ADS 200X Fieldwork/Internship in Addiction Studies and ADS 210X Addiction Studies Internship Seminar

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### Requisite Description

Course in a Sequence

### Subject

ADS

### Course #

120

### Level of Scrutiny

Required by 4-Year Institution

**Explanation**

Required prerequisite listed in C-ID descriptors for ADS 200X Fieldwork/Internship in Addiction Studies and ADS 210X Addiction Studies Internship Seminar

**Requisite Description**

Course in a Sequence

**Subject**

ADS

**Course #**

123

**Level of Scrutiny**

Required by 4-Year Institution

**Explanation**

Required prerequisite listed in C-ID descriptors for ADS 200X Fieldwork/Internship in Addiction Studies and ADS 210X Addiction Studies Internship Seminar

**Requisite Description**

Course Not in a Sequence

**Subject**

HSRV

**Course #**

120

**Level of Scrutiny**

Content Review

**Upon entering this course, students should be able to:**

- 1) demonstrate a broad understanding of the field of social work
- 2) describe typical functions and the role of the helper within social service agencies
- 3) describe the goals and functions of local social service agencies
- 4) assess and demonstrate essential helping skills
- 5) examine stress in self and clients and develop strategies for coping
- 6) work with the diverse populations within the field

**Requisite Description**

Course Not in a Sequence

**Subject**

HSRV

**Course #**

124

**Level of Scrutiny**

Content Review

**Upon entering this course, students should be able to:**

Completion of ADS-100, ADS-120, ADS-123, HSRV-120 and HSRV-124 with a minimum grade of C.

## SECTION D - Course Standards

Is this course variable unit?

No

**Units**

3.50

**Lecture Hours**

27.00

**Work Experience Hours**

130.00

**Outside of Class Hours**

54

**Total Contact Hours**

27

**Total Student Hours**

211

## Distance Education Approval

Is this course offered through Distance Education?

Yes

**Online Delivery Methods**

DE Modalities	Permanent or Emergency Only?
Hybrid	Permanent

## SECTION E - Course Content

**Student Learning Outcomes**

**Upon satisfactory completion of the course, students will be able to:**

1. Apply knowledge gained from ADS coursework in a 130-hour field placement in a social service agency with a satisfactory evaluation by the site supervisor while adhering to professional ethics and behaviors.

**Course Objectives**

**Upon satisfactory completion of the course, students will be able to:**

1. Participate in a practicum placement under the direction and monitoring of agency supervisors and the instructor of record.
2. Develop a professional identity, including self-awareness and commitment to the values and ethics of the profession.
3. Establish positive communication and relationships with clients on an individualized basis.
4. Apply knowledge of human behavior, group dynamics, cultural diversity, drug abuse, human sexuality, and counseling.
5. Increase knowledge of chemical and psychological dependency, including categories of drugs and their effects, complications related to psychosocial and medical problems, and evaluation procedures.
6. Demonstrate the appropriate application of assessment, treatment planning, case management, and referral.
7. Understand and follow legal and administrative statutes, rules, and regulations.
8. Apply the 12 core functions for substance abuse counselors.

**Course Content**

1. Preparation
  - a. Choosing a placement
  - b. Interviews
  - c. Internship agreements
2. Getting started

- a. The role of the intern
- b. The role of the professional
3. Making the most out of your internship
  - a. Meeting Clients
  - b. Age and Experience Issues with Clients and Supervisors
4. Internship classes and peer groups
  - a. Offering and Receiving Feedback with Peers
5. Ethical and Legal Issues
  - a. Ethical Guidelines of the Helping Professions
  - b. Informed Consent
  - c. Confidentiality
  - d. Exceptions to Confidentiality
  - e. Insurance Company Inquiries, Managed Care, and Ethical Practice
  - f. Dual Relationships and Boundary Issues
  - g. Ethics in Classes and Groups
  - h. Liability and Insurance
6. Supervision
  - a. Clarifying Expectations
  - b. Frequency and Timing of Supervision
  - c. What Happens in Supervision
  - d. Supervision as Teaching
  - e. Case Notes and Discussions
  - f. Group Supervision
  - g. Theoretical Orientation
  - h. Transference and Countertransference
  - i. Conflict in Supervision
7. Working with Diversity
  - a. Steps toward Working with Differences—Awareness, Knowledge, and Understanding of Self and Others
8. Stress and Self-Care
  - a. How Common Is Stress among Interns?
  - b. The Effects of Stress
  - c. Secondary trauma
  - d. Burnout
  - e. Self-care
  - f. Cognitive self-care
  - g. Physical self-care
  - h. Emotional self-care
  - i. Organizational Measures and Peer Support
9. Assault and other risks
  - a. Risk of assault
  - b. Coping with aggression
  - c. Strange behavior that isn't always dangerous
  - d. Situational factors and violence
  - e. Prevention and violence
  - f. Institutional responses
  - g. Assault response training
  - h. Aftermath of violence
10. Closure
  - a. Ethical Considerations and Closing Cases
  - b. Understanding Client Reactions
  - c. Understanding Intern Reactions to Termination
  - d. Common Problems in Termination
  - e. Issues to Address in Termination
  - f. Techniques for Termination
  - g. Transferring Clients to Other Therapists
  - h. Toward Successful Termination or Transfer
11. Externship Experiences (required activities)

- a. SCREENING: The process by which the client is determined appropriate and eligible for admission to a particular program
  - i. Evaluate the psychological, social, and physiological signs and symptoms of alcohol and other drug abuse
  - ii. Determine client's eligibility and appropriateness for admission or referral
  - iii. Identify any coexisting conditions (medical, psychiatric, physical, etc.) that indicate the need for additional professional assessment and/or services
  - iv. Adhere to applicable laws, regulations, and agency policies governing alcohol and other drug abuse services
- b. INTAKE: The administrative and initial assessment procedures for admission to a program Social and recreation drinking and drug use
  - i. Complete the required documents for admission to the program.
  - ii. Complete the required documents for program eligibility and appropriateness. Obtain appropriately signed consents when soliciting information from, or providing information to, outside sources to protect client confidentiality and rights.
- c. ORIENTATION: Describing to the client the following: general nature and goals of the program; rules governing client conduct and infractions that can lead to disciplinary action or discharge from the program; in a non-residential program, the hours during which services are available; treatment costs to be borne by the client, if any; and client rights
  - i. Provide an overview to the client by describing program goals and objectives for client care
  - ii. Provide an overview to the client by describing program rules and client obligation and rights
  - iii. Provide an overview to the client of program operations
- d. ASSESSMENT: The procedures by which a counselor/program identifies and evaluates an individual's strengths, weaknesses, problems, and needs for the development of a treatment plan.
  - i. Gather relevant history from client, including but not limited to, alcohol and other drug abuse using appropriate interview techniques.
  - ii. Identify methods and procedures for obtaining corroborative information from significant secondary sources regarding client's alcohol and other drug abuse and psycho-social history.
  - iii. Identify appropriate assessment tools.
  - iv. Explain to the client the rationale for the use of assessment techniques in order to facilitate understanding.
  - v. Develop a diagnostic evaluation of the client's substance abuse and any coexisting conditions based on the results of all assessments in order to provide an integrated approach to treatment planning based on the client's strengths, weaknesses, and identified problems and needs.
- e. TREATMENT PLANNING: The process by which the counselor and client identify and rank problems needing resolution; establish agreed upon immediate and long-term goals; and decide upon a treatment process and the resources to be utilized
  - i. Explain assessment results to the client in an understandable manner
  - ii. Identify and rank problems based on individual client needs in the written treatment plan
  - iii. Formulate agreed upon immediate and long-term goals using behavioral terms in the written treatment plan.
  - iv. Identify the treatment methods and resources to be utilized as appropriate for the individual client
- f. COUNSELING: (Individual, Group, and Significant Others): The utilization of special skills to assist individuals, families, or groups in achieving objectives through exploration of a problem and its ramifications, examination of attitudes and feelings; consideration of alternative solutions; and decision-making
  - i. Select the counseling theory(ies) that apply(ies).
  - ii. Apply technique(s) to assist the client, group, and/or family in exploring problems and ramification.
  - iii. Apply technique(s) to assist the client, group, and/or family in examining the client's behavior, attitudes, and/or feelings if appropriate in the treatment setting. Individualize counseling in accordance with cultural, gender, and lifestyle differences.
  - iv. Interact with the client in an appropriate therapeutic manner.
  - v. Elicit solutions and decisions from the client.
  - vi. Implement the treatment plan.
- g. CASE MANAGEMENT: Activities which bring services, agencies, resources, or people together within a planned framework of action toward the achievement of established goals. It may involve liaison activities and collateral contacts
  - i. Coordinate services for client care.
  - ii. Explain the rationale of care management activities to the client.
- h. CRISIS INTERVENTION: Those services which respond to an alcohol and/or other drug abuser's needs during acute emotional and/or physical distress.
  - i. Recognize the elements of the client crisis.
  - ii. Implement an immediate course of action appropriate to the crisis.
  - iii. Enhance overall treatment by utilizing crisis events.
- i. CLIENT EDUCATION: Provision of information to individuals and groups concerning alcohol and other drug abuse and the available services and resources
  - i. Present relevant alcohol and other drug use/abuse information to the client through formal and/or informal processes.
  - ii. Present information about available alcohol and other drug services and resources
- j. REFERRAL: Identifying the needs of a client that cannot be met by the counselor or agency and assisting the client to utilize the support systems and community resources available
  - i. Identify need(s) and or problem(s) that the agency and/or counselor cannot meet.
  - ii. Explain the rationale for the referral to the client.

- iii. Match client needs and/or problems to appropriate resources.
- iv. Adhere to applicable laws, regulations and agency policies governing procedures related to the protection of the client's confidentiality.
- v. Assist the client in utilizing the support systems and community resources available.
- k. REPORT AND RECORD KEEPING: Charting the results of the assessment and treatment plan, writing reports, progress notes, discharge summaries and other client-related data.
  - i. Prepare reports and relevant records integrating available information to facilitate the continuum of care.
  - ii. Chart pertinent ongoing information pertaining to the client.
  - iii. Utilize relevant information from written documents for client care.
- l. CONSULTATION WITH OTHER PROFESSIONALS IN REGARD TO CLIENT TREATMENT AND SERVICES: Relating with in-house staff or outside professionals to assure comprehensive, quality care for the client.
  - i. Recognize issues that are beyond the counselor's base of knowledge and/or skill.
  - ii. Consult with appropriate resources to ensure the provision of effective treatment services.
  - iii. Adhere to applicable laws, regulations and agency policies governing the disclosure of client- identifying data.
  - iv. Explain the rationale for the consultation to the client, if appropriate.

**Methods of Instruction**

**Methods of Instruction**

Types	Examples of learning activities
Activity	Through case scenarios and role plays, practice essential helping skills.
Critique	Assessments, interventions, treatment plans of individual clients or group interventions.
Discussion	Through group work and discussion, evaluate the strengths and weaknesses of the legal and ethical issues pertinent to addiction studies in California.
Lecture	Review of theories, techniques, and practices relevant to student's placement.
Service Learning	Case Presentation - Students present their clients in a structured format.

**Online Adaptation**

Types	Examples of learning activities
Lecture	Synchronous lecture

**Instructor-Initiated Online Contact Types**

- Announcements/Bulletin Boards
- Chat Rooms
- Discussion Boards
- E-mail Communication
- Telephone Conversations
- Video or Teleconferencing

**Student-Initiated Online Contact Types**

- Discussions
- Group Work

**Course design is accessible**

Yes

**Methods of Evaluation**

**Methods of Evaluation**

Types	Examples of classroom assessments
Lab Activities	Example: 1. A minimum of 3 hours of orientation. 2. The student will complete 8 hours of work per week for the duration of the internship onsite at an approved addiction studies organization.

Other	<p>Completion of evaluation by field placement supervisor regarding students' progress towards mastery of the 12 competencies of addiction counseling.</p> <p>Required Evaluations:</p> <ol style="list-style-type: none"> <li>1. The student will complete a learning agreement integrating the 12 core areas of addiction studies. The learning agreement will include specific activities at the agency that will enable the students to gain competence agreed to with the internship supervisor.</li> <li>2. The student will receive an evaluation from both the field supervisor and the faculty member regarding the students' progress toward completing the 12 core areas.</li> <li>3. The student will write a self-evaluation of work toward completing the goals of the internship.</li> <li>4. The student keeps a record of their hours and the time spent towards each of the 12 core addiction competencies. This record will be signed by the field supervisor.</li> </ol>
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## Assignments

### Reading Assignments

Example 1: Selected readings from the textbook covering pertaining to practicums.

Example 2: Student will complete review or reading from assigned electronic source.

### Writing Assignments

Written essays, papers and journal entries related to experiences in the practicum.

Example 1: Students will respond to a prompted question in their weekly journals.

Example 2: Students will complete a discussion board question which can include a review a current issue in addictions and explore the legal and ethical dilemmas, topics could include the legalization of marijuana, opioid crisis, etc.

### Outside-of-Class Assignments

Example 1: Completion of learning agreement with supervisor.

Example 2: Completion of evaluation of students' practicum experience.

Example 3: Completion of internship tracking hours form.

## SECTION F - Textbooks and Instructional Materials

### Material Type

Textbook

### Author

Baird, Brian N. & Mollen, Debra

### Title

Internship, Practicum, and Field Placement Helping Profession

### Edition/Version

8th

### Publisher

Routledge

### Year

2018

### Material Type

Textbook

### Author

Garthwait, Cynthia

### Title

The Social Work Practicum

**Edition/Version**

7th

**Publisher**

Pearson

**Year**

2016

**Material Type**

Textbook

**Author**

Levitov, Justin E. and Fall, Kevin A

**Title**

Translating Theory into Practice: A Student Guide to Counseling Practicum and Internship

**Edition/Version**

8th

**Publisher**

Waveland Pr Inc

**Year**

2009

**Material Type**

Open Educational Resource (OER)

**Author**

Substance Abuse and Mental Health Services Administration

**Title**

Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice

**Edition/Version**

Technical Assistance Publication Series 21

**Publisher**

U.S. Department of Health and Human Services

**Year**

2017

**ISBN #**<https://store.samhsa.gov/sites/default/files/d7/priv/sma12-4171.pdf>**SECTION G - Diversity, Equity and Inclusivity**

**How does your course and/or course outline of record reflect strategies for accommodating and engaging diverse student populations, advancing equitable outcomes, and fostering inclusion for all students?**

Needs DEI Statement.

**Course Codes (Admin Only)**

**CB00 State ID**

CCC000604608

**CB10 Cooperative Work Experience Status**

C - Is Part of a Cooperative Work Experience Education Program

**CB11 Course Classification Status**

Y - Credit Course

**CB13 Special Class Status**

N - The Course is Not an Approved Special Class

**CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

**CB24 Program Course Status**

Program Applicable

**Allow Pass/No Pass**

Yes

**Only Pass/No Pass**

No