



ADS 120 - Introduction to Addiction Studies Course Outline

Approval Date: 05/14/2020

Effective Date: 08/14/2020

SECTION A

Unique ID Number CCC000284289

Discipline(s) Counseling

Division Counseling

Subject Area Addiction Studies

Subject Code ADS

Course Number 120

Course Title Introduction to Addiction Studies

TOP Code/SAM Code 2104.40 - Substance Abuse/Addiction Counseling* / C - Occupational

Rationale for adding this course to the curriculum Change in prerequisite to be less restrictive to allow scheduling to be more flexible. Adding distance education mode (100% online) for more options in scheduling and to accommodate students who are working professionals.

Units 3

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 54.00

Lab 0.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 108.00

Total Contact Hours 54

Total Student Hours 162

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade or P/NP

Distance Education On-Campus

Mode of Instruction Hybrid
Entirely Online

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description An introductory course in substance abuse that orients the learner to commonly abused substances and their physical and cognitive impact, addiction theory, problem identification and treatment modalities. This course emphasizes prevention and intervention strategies for helping professionals working in a variety of health and human service settings.

Schedule Description

SECTION D

Condition on Enrollment

1a. **Prerequisite(s):** *None*

1b. **Corequisite(s):** *None*

1c. **Recommended**

- HSRV 120
- HSRV 124

1d. **Limitation on Enrollment:** *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Students will be able to identify commonly abused drug and alcohol substances, how these substances affect individuals, and how those struggling with abuse issues can be treated in health and human service settings.

2. **Course Objectives:** Upon completion of this course, the student will be able to:

- A. Examine the composition, physical and cognitive effects, addictive factors, and symptoms of withdrawal and overdose of commonly abused substances.
- B. Demonstrate knowledge of addiction theories in work and/or internship settings.
- C. Accurately identify and assess persons using substances in order to facilitate appropriate referral for treatment in the community.
- D. Select and apply prevention and treatment models to case studies and/or practice.
- E. Examine family/social dynamics related to substance abuse and treatment.
- F. Evaluate and apply appropriate substance abuse treatment strategies to substance abusers from diverse backgrounds and cultures.
- G. Identify risk factors and behaviors that could lead to abuse and/or relapse.
- H. Assist clients in understanding the relapse process and in developing strategies for relapse prevention.
- I.

3. Course Content

- A. The nature of Addiction
- B. Identification of commonly used substances:
 - a. depressants
 - b. barbiturates
 - c. benzodiazepines
 - d. stimulants
 - e. cannabis
 - f. hallucinogens
 - g. steroids
 - h. other legal products

- C. Physical and cognitive impact of substance abuse
- D. Addiction Theory
 - a. moral
 - b. disease
 - c. genetic
 - d. systems
 - e. behavioral
 - f. sociocultural
 - g. bio-psycho-social
- E. Historical Perspectives
 - a. History of substance abuse
 - a. Identify local and national patterns of substance use and addiction
- F. Substance Misuse, Dependence, and the Body
- G. Gambling, Eating Disorders, Shopping, and Other Behavioral Addictions
- H. Addiction Across the Life Span
 - a. Developmental stages, risk and issues for children
 - b. Developmental stages, risk and issues adolescents and transitional age youth
 - c. Developmental stages, risk and issues for adults
 - d. Developmental stages, risk and issues for older adults
- I. Family Risks and Resiliencies
 - a. Recognition of family roles
 - b. Evidence-based family treatment interventions
 - c. Communication patterns amongst the family
 - d. Impact of substance use on family members
 - e. Child and Adolescent risk factors and use
- J. Ethnicity, Culture, and the Socioeconomic Determinants of Addiction
 - a. the nature and extend of alcoholism/drug dependency problems among target populations.
- K. Gender and Sexual Orientation Differences
 - a. Gender differences in use, abuse, treatment, and prevention
 - b. Cultural/Lifestyle Consideration in assessment, treatment, and prevention for LGBTQI

12. Screening and Assessment

- a. Biopsychosocial assessment
- b. Differential diagnosis with medical, psychological disorders
- c. DSM/SAM diagnosis and differential diagnosis
- d. Validated Screens and clinical tools for assessment, identification of symptoms

13. Substance Misuse with a Co-Occurring Mental Disorder or Disability

- a. Co-occurring disorders
- b. Co-occurring medical conditions
- c. Treatment approaches and models for co-occurring disorders
- d. Biopsychosocial implications for treatment of co-occurring disorders
 - a. Locating appropriate placement
 - b. Referrals to specialized programs
 - c. Cost and insurance associated with co-occurring disorders

14. Integrated treatment approaches

- a. Evidence-based treatment
 - a. Detoxification
 - b. psychoeducation
 - c. CBT, MI
 - d. Modification of evidence-based treatments for co-occurring disorders
 - e. Medication used for the treatment of addictions
 - f. Social Models
 - g. Substance specific interventions models (drinking driver programs)
 - h. Treatments for co-occurring disorders
- b. Mutual Help Groups and Spiritual/Religious Resources
 - a. Alcoholic Anonymous, SMART recovery, substance specific treatment and support groups
 - b. Aversion Therapy

15. Treatment planning

- a. referral processes
- b. evaluation of clients using placement criteria, including the American Society of Addiction Medicine patient placement criteria or other validated clinical tools for level of care, eligibility, and admission to drug and alcohol programs.
- c. Identification of client goals, objectives, to inform treatment planning

16. Prevention: theory and strategies

4. Methods of Instruction:

Activity:

Discussion:

Lecture:

Online Adaptation: Activity, Discussion, Lecture

3. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests --

Quizzes --

Papers --

Class Work --

Home Work --

Final Exam --

Mid Term --

Additional assessment information:

GRADES WILL BE BASED UPON:

Reading and writing assignments, in class exercises, exams and quizzes.

Example 1: A written comprehensive case study on a fictitious individual seeking assistance for an addiction.

Example 2: A short answer and multiple choice quiz on commonly abused substances.

Letter Grade or P/NP

4. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Selected readings from the textbook, or articles covering substance abuse issues.

Example 1: Read a chapter from the text book on primary treatment modalities offered by agencies treating substance abuse issues.

Example 2: Read the textbook on the assessment and intervention of substance abuse treatments and write a response paper.

Reading assignments from the text and supplemental reading list; a research paper; oral presentations; a group assignment; weekly writing assignments; essay examinations.

B. Writing Assignments

Reading assignments from the text and supplemental reading list; a research paper; oral presentations; a group assignment; weekly writing assignments; essay examinations.

Example 1: Substance abuse in the Media oral and written presentation.

Example 2: Research paper on the treatment needs of special populations/diverse cultures.

Example 3: Substance use in the media - oral and written presentation.

C. Other Assignments

Example 1: Complete a biopsychosocial assessment

Example 2: Create a handout, infogram, or video on treatment or prevention

5. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Stevens, Patricia and Smith, Robert L.
Title: Substance Abuse Counseling: Theory and Practice
Publisher: Pearson
Date of Publication: 2013
Edition: 5th

Book #2:

Author: VanWormer, Katherine; Davis, Diane Rae
Title: Addiction Treatment: A Strengths Perspective
Publisher: Tomson Brooks/Cole
Date of Publication: 2018
Edition: 4th

Book #3:

Author: Levinthal, Charles F.
Title: Drugs, Behavior and Modern Society
Publisher: Allyn and Bacon
Date of Publication: 2008
Edition: 5th

Periodical #1:

Author: Substance Abuse and Mental Health Services Administration (SAMHSA)
Title: Addiction Counseling Competencies: The knowledge, skills and attitudes
of professional practice, (TAP 21)
Publication: SAMHSA
Publication Year: 2011
Volume: 4171

B. Other required materials/supplies.