



NAPA VALLEY COLLEGE presents

Study the

History of Mexico

in **MEXICO**



June 8-22, 2005  
15 Days

 **JOURNEYS**  
of **DISCOVERY**  
A PLEASANT HOLIDAYS COMPANY

# Faculty

## PROFESSOR RICK DONOHOE

*Rick Donohoe is a Professor of History and Political Science at Napa Valley College, where he has taught for the past 13 years. He has a BA from Stanford University, and an MA in Latin American History from SUNY Stony Brook. Professor Donohoe has led several international educational trips to Mexico, Central America and Greece.*

## HIST 142 History of Mexico 3 units

### Transfers UC/CSU

A survey of Mexico from pre-conquest to the present, with emphasis on political, cultural, economic, intellectual and social history.



# Itinerary

## Day 1: Wednesday, June 8, 2005

### Departure Day

Today you depart from San Francisco Airport for Merida on Continental Airlines. En route you will change planes in Houston. Evening arrival in Merida. You will be met and transferred by motorcoach to your hotel for a ten-night stay.

## Day 2: Thursday, June 9 - Merida

Morning instruction. In the afternoon a walking tour of Merida with a local guide who will familiarize you with your surroundings.

## Day 3: Friday, June 10 - Merida

Morning instruction. In the afternoon a field trip led by Professor Donohoe to the Museum Antropologia y Historia with its display of Mayan artifacts.

## Day 4: Saturday, June 11

### Excursion to Uxmal

A full-day excursion today to the Mayan ruins in Uxmal. Sightseeing includes the dominating structure of the Pyramid of the Magician and the Nunnery quadrangle.

## Day 5: Sunday, June 12 through Day

### 10: Friday, June 17 - Merida

Your classroom experience will be enhanced by

several outings to the surrounding areas

## Day 11: Saturday, June 18

### Excursion to Chichen Itza

Two days to explore this ancient city built between 600 and 900 AD. Overnight in the area.

## Day 12: Sunday, June 19

### Chichen Itza to Playa del Carmen

Morning and afternoon sightseeing in Chichen Itza. Continue to Playa del Carmen for three nights.

## Day 13: Monday, June 20

### Excursion to Tulum and Xel Ha

Full-day sightseeing to the walled city of Tulum. In the afternoon visit the once sacred Mayan site of Xel Ha.

## Day 14: Tuesday, June 21

### Playa del Carmen

A day of leisure. Perhaps explore the beach.

## Day 15 Wednesday, June 22

### Departure Day

Transfer today to Cancun for your Continental flight home. En Route change planes in Houston, proceed through U.S. Customs, and continue to San Francisco, arriving late afternoon.



## Napa Valley College Disclaimer

Although the college district has attempted to determine the accuracy of this brochure, the District does not assume any liability with respect to the contents of this brochure. Courses offered, together with other related materials contained herein are subject to change without notice by the administration and/or the Governing Board of Napa Valley College District for reasons relating to enrollment, finances, scheduling, dates, costs for any other reason at the discretion of the District. The District further reserves the right to add, amend, or repeal any of its rules, regulations, policies or procedures. Travel, housing, meals and other logistical arrangements are provided by a contracting agency not affiliated with Napa Valley College District. Participants will be required to sign a travel request and release which will exonerate the District from any liability. The District assumes responsibility only for providing an instructor and appropriate academic units for the course. All participants must enroll in course credit (credit/no credit option available as indicated in the catalog). Units and course grades will be awarded by Napa Valley College.

# Excursions

Your base of touring is from Merida where you will have several short excursions to the nearby archaeological ruins. Towards the end of your experience you will be visiting the resort of Playa del Carmen with pristine beaches fronting the turquoise waters ideal for swimming or snorkeling.



**MERIDA** – This city is the showcase of the colonial Spanish era with a variety of European architectural styles where you will be visiting the cathedral, the zocalo, or main square, and the elegant boulevard Paseo Montejo

**UXMAL** – This city is one of the largest Mayan sites in the Yucatan. Here the architecture reflects plain lower sections and richly decorated higher sections; most notably serpents, lattice work and masks of the god Chac.

**CHITZEN ITZA** – With over 50 ancient buildings, temples and pyramids as well as thousands of artifacts that will make you marvel at the great society that once ruled these lands

**PLAYA DEL CARMEN** – A resort area situated along 2.5 miles of unspoiled, uncrowded white-sand beaches protected by a chain of coral reefs. There are a variety of shops too along the pedestrian walkway, 5th Avenue, where shops accept either American dollars or Mexican pesos.

**TULUM** – In Tulum, you will see the only Mayan city directly constructed on the sea and its own impressive castle perched upon a hill overlooking the sea fronted by an endless sandy beach.

**XEL-HA** – In Mayan Xel-Ha means “where the waters are born” and as such created a very impressive natural aquarium where the ocean combines with underground rivers and are home to hundreds of marine species and tropical fish. You can swim, snorkel or float down the waterways.

*Napa Valley College Group at Tulum.*



## The Program Price Includes:

- ◆ Round-trip air transportation from San Francisco to Merida and return Cancun to San Francisco on Continental Airlines, economy class, Advanced Purchase Excursion fare basis.
- ◆ A total of 14 nights accommodation in superior tourist class hotels. 10 nights Merida, 1 Chichen Itza and (3) Playa del Carmen, sharing a twin-bedded room.
- ◆ Breakfast and dinner daily.
- ◆ Transfer by motorcoach from Merida airport to Hotel and from Playa del Carmen hotel to Cancun airport.
- ◆ Sightseeing tour of Merida.
- ◆ Full-day excursion from Merida to Uxmal.
- ◆ Two-day/one-night excursion to Chitzen-Itza.
- ◆ Full-day excursion from Playa del Carmen to Tulum and Xel-Ha.
- ◆ Taxes and service charges as related to hotels and restaurants.

### Program Price Does Not Include:

- ◆ Air ticket related taxes, approximately \$85.
- ◆ Customary gratuity to local guides and motorcoach drivers.
- ◆ Optional medical insurance and Travel Protection Plans.
- ◆ All items not specifically listed under Program Price Includes.

**PASSPORT** required for travel to Mexico. Processing a US passport may require six weeks. See <http://travel.state.gov/passport/index.html>.

For citizens of other countries, please inquire directly with the Mexican Consulate.

## Program Price

Per person	
Breakfast and dinner daily	\$1945
Supplement for single room accommodation	\$500

*Prices are based on a minimum of 20 participants and are subject to change.  
Prices are based on current exchange rates.  
(\$1.00USD = 11.17 Mexican Pesos)*

# General Information & Conditions

**RESERVATIONS & PAYMENTS:** In order to make a reservation, you need to mail to Journeys of Discovery the completed Reservation form and the first deposit. Checks are to be made payable to Journeys of Discovery. There will be a \$25 per person service fee for any final payment received after the due date.

First Payment \$300 due with registration.  
 Second Payment \$600 due by Feb. 28, 2005  
 Final Payment Balance due by Mar. 28, 2005

**CANCELLATIONS:** All cancellations must be submitted in writing to Journeys of Discovery. The cancellation date is the date on which Journeys of Discovery receives the written notification of the intent to cancel at its place of business.

Cancellation Charge.....  
 Until Feb. 28, 2005 \$300\*  
 From Mar. 1 to Apr. 8, 2005 \$600\*  
 Apr. 9, 2005 or later No Refund.

\* In addition to these fees, any unrecoverable expenses and/or cancellation charges imposed by the airlines, cruise lines or other suppliers of travel services will be assessed.

**REFUNDS:** All refunds will be based upon the cancellation schedule provided above. No refunds will be made until payments are recovered by Journeys of Discovery from the program suppliers. No refunds will be made on any services, meals or accommodations resulting from a participant's absence from the tour itinerary or from other situations thereby resulting in the non-utilization of these program components by the participant.

**TOUR PRICES:** The price is based on current exchange rates and on a minimum of 20 participants. Adjusted prices will be advised if airfare conditions or land prices are revised.

**DEVIATIONS:** Under certain circumstances, land and air deviations from the tour itinerary may be available. Cost of additional arrange-

ments will be added to your invoice. Please contact our office for further details.

**TRAVEL DOCUMENTS:** U.S. citizens are required to possess a valid passport for travel to the program destinations. In some instances visas may be required. Holders of U.S. passports and passports of countries other than the United States should inquire about individual visa requirements from the consular offices of the countries in which they will be traveling. Journeys of Discovery does not assume responsibility for obtaining passports or visas, nor responsibility if participants do not acquire the required documentation and must cancel participation in the program as a result. Regular cancellation terms will still apply.

**PROGRAM PRICE INCLUDES:** Please refer to the program brochure for an itemized listing of those items included in the program price.

**PROGRAM PRICE DOES NOT INCLUDE:** Generally, those items not specifically listed on the program brochure are not included in the program price. In addition, extra transportation that is not part of the itinerary, passport and visa fees, insurance, foreign airport taxes, U.S. airport immigration and customs fees, excess baggage charges, additional meals not listed in the itinerary, laundry services, telephone calls and other items of a personal nature are not included in the program price. Beverages at meals and any beverages at other times are not included.

**INSURANCE:** It is strongly recommended that program participants consider purchasing a Travel Protection Plan. Travel insurance can be purchased by program participants either independently or through Journeys of Discovery. For your convenience, the Journeys of Discovery Travel Protection Plan will be included on your invoice. You may decline this protection on your invoice if you are not satisfied with the coverage. Journeys of Discovery is

not responsible for personal injury, accident or illness or the loss, damage or theft of luggage or other personal belongings.

**BAGGAGE:** Owing to the limited baggage capacity in motorcoaches, trains and/or ships required for the program itinerary, Journeys of Discovery will handle the transportation of two normal size suitcase per person only. One flight bag per person is also allowed with the understanding that it is to be constantly in the care of the owner. Airline regulations require that the flight bag must fit beneath the seat and should not exceed 45 inches overall. Garment bags cannot be carried. It is the responsibility of each program participant to identify and comply with other baggage restrictions designated by the applicable airline. This may be done directly with the airline when air tickets are distributed approximately three weeks prior to the group departure date.

**AIRLINE RESPONSIBILITY:** No IATA carrier shall be liable for any loss, damage, injury, accident, delay or irregularity which may be occasioned by reason of defect or through the acts or omissions of any person or company performing or rendering the services, other than carriage by air described in this tour brochure. The services described in this tour brochure other than carriage furnished by an IATA carrier are furnished by independent contractors who are not servants of or joint venturers or partners with an IATA carrier.

**RESPONSIBILITY:** Journeys of Discovery of San Diego, California, A Pleasant Holidays Company, does not own or operate any of the relevant suppliers of services, and therefore acts only in the capacity as agent for such suppliers in making arrangements for transportation, hotels, and other services. In no event shall Journeys of Discovery be liable for the failure of any such supplier to render any transportation, accommodations, or other service considered part of the travel services arranged privately or by Journeys of

Discovery. Passenger agrees that Journeys of Discovery assumes no liability whatsoever for any injury, death, damage, loss, accident, delay, or irregularity that may occur as a result of any act of default of any supplier of service. In addition to the foregoing, passenger agrees to hold Journeys of Discovery harmless for any damage or delay due to machinery breakdown, quarantine, weather, act of war or insurrection, terrorist activity, revolt or other civil disturbance/hostility, military action, strikes or labor unrest or any act of God or for any other act of any third party. Journeys of Discovery does not accept responsibility for losses or additional expenses that result from delay or changes in air schedules, airline or hotel overbookings or other causes, or for loss or damage to luggage. Passenger agrees that Journeys of Discovery is not responsible for any omission, delay, rerouting, additional expense, or other events resulting from improper health certificates or travel documents, or acts of any government authority. Any and all such losses or expenses are the responsibility of the passenger. Journeys of Discovery reserves the right to cancel any tour prior to departure. The right is reserved to adjust the itinerary or to substitute hotels. The right is reserved to decline to accept any person as a member of the tour, or to refuse to retain any member of a tour. The "Passenger Contract" in use by the airline and public carriers, when issued, shall be the sole contract between the carrier and the passenger. Acceptance of final documents, vouchers, and/or tickets shall be deemed to be consent to the above conditions.

**ARBITRATION:** Any dispute arising out of, or relating to, any Holidays offered shall be submitted to non-binding arbitration under the Federal Arbitration Act. To the extent that the Federal Arbitration Act either is inapplicable, or held not to require arbitration of a particular claim or claims, California law pertaining to agreements to arbitrate shall apply and the arbitration shall be conducted under the terms of the California Code of civil procedure. The non-binding arbitration shall take place in or near the County of Ventura, State of California. Each party shall pay for its own costs, arbitration fees and attorneys' fees, if any.

Effective until December 31, 2005

For more information, contact:

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## Valuable Travel Protection

Journeys of Discovery, a Pleasant Holidays Company, is committed to providing you with the best possible service. Because of this commitment, we have designed a special program, which will help protect you and your travel investment. Travel with greater peace of mind, knowing you are covered by the following benefits\*\*:

SCHEDULE OF COVERAGES	MAXIMUM BENEFIT AMOUNT
TRIP CANCELLATION PROTECTION	UP TO TRIP COST
TRIP INTERRUPTION PROTECTION	UP TO TRIP COST
TRAVEL ACCIDENT COVERAGE	\$25,000
EMERGENCY MEDICAL AND DENTAL COVERAGE	\$20,000
EMERGENCY MEDICAL TRANSPORTATION	\$25,000
TRAVEL DELAY (MAXIMUM OF \$100 PER DAY)	\$500
BAGGAGE COVERAGE	\$1,000
BAGGAGE DELAY COVERAGE**	\$200
24-HOUR EMERGENCY ASSISTANCE	INCLUDED
CONCIERGE	INCLUDED

\*Although we strongly recommend that you elect the benefits and coverage provided by the Travel Protection Plan, you may decline this protection on your invoice.

\*\*Insurance coverage is provided under a Master Policy issued by BCS Insurance Company, administered by World Access Service Corp. Certain limitations, conditions and exclusions may apply. Please refer to your Certificate of Insurance/Policy for further details relating to the coverage and benefits.

### LIMITATIONS, CONDITIONS AND EXCLUSIONS

The Travel Protection Plan is an optional item, and the insurance coverage is non-transferable. Passengers who have purchased the insurance coverage will receive a detailed description of the plan, its conditions and exclusions. Certain limitations, conditions and exclusions may apply and are detailed in the Certificate of Insurance/Policy that is provided with your final travel documents. Copies are also available online at JourneysofDiscovery.org. Please note the insurance coverage does not cover penalties associated with air or other travel arrangements not provided by Journeys of Discovery, a Pleasant Holidays Company.

All inquiries and claims should be reported to the Plan Administrator: **World Access Service Corp., 2805 North Parham Rd, Richmond, VA 23294 Tel: 1-888-877-0965 or collect 1-519 742 7562.**

### Dear Traveler,

Sometimes a medical emergency at home or a sickness causes people to cancel or interrupt their travel arrangements. Travel insurance not only provides you with greater peace of mind should you have to cancel, but it also offers other valuable post-departure benefits that can reduce the stress of everyday travel problems like lost baggage, travel delays and becoming ill while on your trip. Our comprehensive, optional Travel Protection Plan also provides valuable concierge services to assist with special arrangements for your trip such as arranging restaurant reservations or event tickets.

If you purchase the Travel Protection Plan within 14 days of initial deposit/payment covering the full cost of all non-refundable trip arrangements, you will also be covered for pre-existing medical conditions, provided your trip cost is less than \$10,000 per person, you are medically able to travel on the date of purchase of insurance and you have not filed a claim for Trip Cancellation due to a pre-existing illness within 120 days prior to the purchase of insurance.

For your convenience, the Travel Protection Plan will be included on your invoice.\*

#### Premium Schedule

Per Person Trip Cost	Premium Rate
Up to \$1,500	\$79
From \$1,501 to \$2,500	\$109
From \$2,501 to \$3,500	\$159
From \$3,501 to \$4,500	\$219
Over \$4,501	\$289