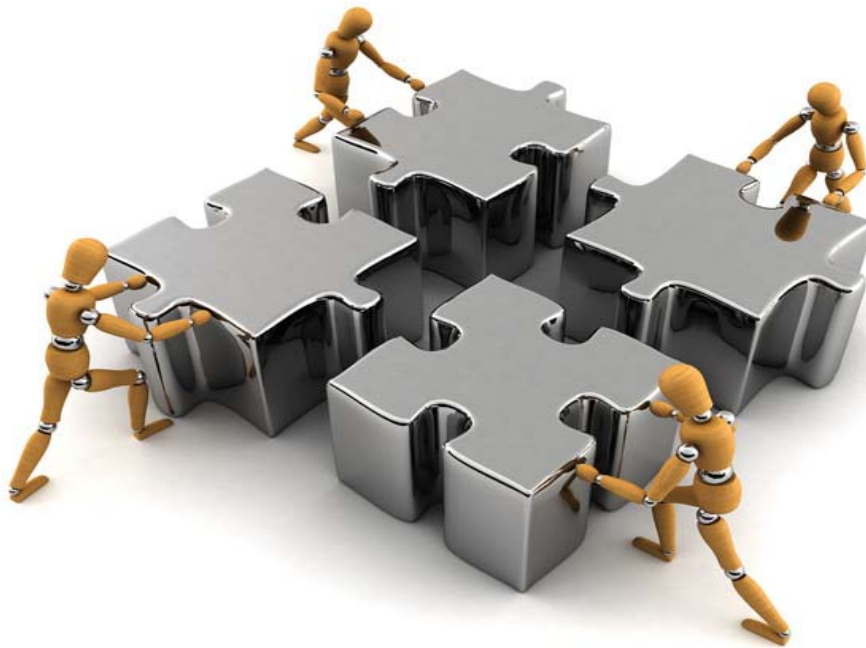


Napa Valley College
Fall Flex Days
August 15 and 16, 2013



Forward Together



Forward Together
Fall Instructional Excellence Day
Thursday, August 15, 2013

7:45 a.m.-8:45 a.m.	Coffee, Tea & Light Eats (Optional) Program will start promptly at 9 a.m.	PAC Lobby
9:00 a.m.–10:15 a.m.	Welcome <ul style="list-style-type: none"> - Bill Blair, Board of Trustees - Dr. Ronald Kraft, President - Faye Smyle, Interim Vice President of Instruction - Oscar DeHaro, Vice President of Student Services - Maria Biddenback, Academic Senate President 	PAC Theater
10:15 a.m.–10:30 a.m.	Break	
10:30 a.m.–12:00 p.m.	WORKSHOPS – Choose 1 <ul style="list-style-type: none"> • Tenured Evaluation Team Meeting – MANDATORY for all tenured faculty being evaluated and their coaches. • Cardiopulmonary Resuscitation (CPR) Presented by Kate Benscoter and Nancy Chaplin Learn how to save a life! This workshop will teach participants the techniques for “Hands Only” CPR and proper use of an Automated External Defibrillator (AED). Adult, child, and infant techniques will be covered. Basic first aid procedures will also be demonstrated. • Reading Apprenticeship Presented by Lisa Yanover and Kristie Iwamoto Reading Apprenticeship™ (RA) assists teachers to support students across disciplines to become motivated, strategic, critical readers, thinkers, and writers. In addition, this workshop will assist faculty in helping students to develop positive literacy identities and to engage with challenging academic texts. • Theater as a Classroom Presented by Jennifer King Learn how theater can enhance any classroom through fun and interactive performance skills techniques. 	Community Room 802 1761 PAC

- **Latinos in Napa at NVC: Getting to know your newest students, Part 1** **1738**
Presented by Dr. Sandra Nichols, Ph.D.
 In 2010 Dr. Nichols began collaboration with Napa Valley College, translating recent research and theoretical insights into practice with the aim of increasing Latino college attendance and graduation rates. As a special advisor to the Vice President of Student Services at NVC, she developed “*Raices y Alas/Roots & Wings*,” a culturally-grounded model for service-learning, discussed in a recent article: Children of Mexican Immigrants: Crisis and Opportunity” for JOLLAS, the *Journal of the Office of Latino/Latin American Studies*.

- **Managing Stress** **1763**
Presented by Victoria Brown, MHN
 This workshop will assist you in understanding the nature of stress and the body’s typical responses to stressors, identify sources of stress and the symptoms of stress “build-up,” along with discussing different strategies that can better the effects of stress and learn the different aspects of “stress resilience.”

- **Work on your Webpage/SharePoint – Basic for New Users** **1760**
Presented by Jose Sanchez
 This workshop is intended for users who are new to using our SharePoint based people pages. By the end of this session (lecture and hands on), you will have a basic NVC people site up and ready to be published which will be linked to your directory information. Bring a flash drive containing images or documents you would like to post online.

Noon – 1:00 p.m.

Lunch – On your own
 Café open 11:30 – 1:30

1:00 p.m. – 2:30 p.m.

WORKSHOPS – Choose 1

- **Best Practices for Grading Heavy Loads of Essays** **1761**
Moderated by Denise Rosselli
 This will be a round table best practices session where participants share ideas about how to handle that huge pile of essays sitting on their desks. Participants should come with strategies to share, questions and/or just a desire to discuss how to handle this challenge.

- **The Effects of Concussions in the Classroom Presented by Melissa Bartholomew** **1770**
 Concussions are serious brain injuries that have a significant influence on the brain’s ability to function at its normal capacity. The key to recovery from a concussion is both physical and mental rest, followed by a gradual progression back to activity both in athletics and in the classroom. This workshop is designed to understand what a concussion is and how to identify the signs and symptoms. It will also educate instructors on the effects a concussion has on a student in the classroom, and their role in the student’s recovery.

- **Latinos in Napa at NVC, Part 2** **1738**
 Presented by Dr. Sandra Nichols, Ph.D.
 In 2010 Dr. Nichols began collaboration with Napa Valley College, translating recent research and theoretical insights into practice with the aim of increasing Latino college attendance and graduation rates. As a special advisor to the Vice President of Student Services at NVC, she developed “*Raices y Alas/Roots & Wings,*” a culturally-grounded model for service-learning, discussed in a recent article: Children of Mexican Immigrants: Crisis and Opportunity” for JOLLAS, the *Journal of the Office of Latino/Latin American Studies*.

- **Work on your Webpage/SharePoint – Intermediate, I need some assistance** **1760**
Presented by Jose Sanchez
 This workshop is intended for users who already have and are developing their NVC people pages. This will be hands on session where we will expand the basic skills of editing a people site. This workshop will include managing content, linking online videos and resources from external websites. Bring a flash drive containing images or documents you would like to post online.

- **Managing Stress** **1763**
Presented by Victoria Brown, MHN
 This workshop will assist you in understanding the nature of stress and the body’s typical responses to stressors, identify sources of stress and the symptoms of stress “build-up,” along with discussing different strategies that can better the effects of stress and learn the different aspects of “stress resilience.”

- **Create an Interactive Syllabus for your Students for all Types of Classes** **1772**
Presented by Cathy Gillis
 In a world of instant messaging and social media, many instructors find the traditional text and paper approach to publishing a course syllabus lacks luster and is unpopular with today's tech savvy students. Moving towards something more interactive is a good step toward helping students stay on track, and it's something students will view regularly throughout the term. Bring your current syllabi (finished or not) on your flash drive or via email to add interactive elements during this session.

2:30 p.m. – 2:45 p.m. Break

2:45 p.m. – 4:00 p.m.	Academic Senate Committee Meetings	Community Room
	Faculty Coach Committee	
	Academic Standards and Practices	1761
	Basic Skills Initiative	1741
	Curriculum	1772
	Faculty Standards and Practices	836
	Learning Outcomes and Assessments	1770
	Professional Development	1738
	Scholarship	1760
	Social	1767
	Budget Committee	1430
	Planning Committee	1763A
	If your committee isn't meeting, please attend a committee meeting you are interested in as a visitor.	

4:00 p.m. – 5:00 p.m. Social Hosted by the President's Office (Optional) PAC
Live music provided by Groovelation (Cliff Zyskowski, Dave McKey, Richard Neiss and Cecil Kirk Patrick)



**Forward Together
Fall Instructional Excellence Day
Friday, August 16, 2013**

7:45 a.m.–8:15 a.m.	Network and Coffee (Optional)	PAC Lobby
8:30 a.m.–11:45 a.m.	<p>Level One Emergency Training MANDATORY for all full time/regular staff who have not attended trainings offered last summer</p> <p>Break 10:00 – 10:15</p> <p>Level One Training covers three mandatory emergency trainings that all full-time employees of the District are required to take. This training needs to be completed one time during a person’s employment with the District.</p>	PAC Theater
8:30 a.m.–10:00 a.m.	<p>For those that have completed the Mandatory training:</p> <ul style="list-style-type: none"> • Diversity: A Workplace Asset Presented by Victoria Brown, MHN The learning objectives for this workshop will be- Understanding emerging workplace trends – Appreciate the benefits of diversity – Build awareness of personal biases and prejudices – Review pertinent employment policies/guidelines – Learn behaviors that enhance workplace respect – Review effective communication guidelines – Understand and appreciate diversity of work styles 	1738
10:15 a.m.–11:15 a.m.	<ul style="list-style-type: none"> • Humor for the Health of It Presented by Victoria Brown, MHN Humor is an essential part of life, and it contributes to remaining healthy and positive and effectively handling life’s upsets and setbacks. This workshop describes why humor is healthy both emotionally and physically. It explores ways to cultivate and find humor in everyday life. 	1738

11:45 a.m.–12:45 p.m. Lunch on your own
Café open 11:30 – 1:30

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| 12:45 p.m. –1:45 p.m. | <ul style="list-style-type: none">• Contract Team Meetings – MANDATORY
If you are on a contract evaluation team or you are a contract evaluatee you must attend this meeting
• Humor for the Health of It
Presented by MHN
Humor is an essential part of life, and it contributes to remaining healthy and positive and effectively handling life’s upsets and setbacks. This workshop describes why humor is healthy both emotionally and physically. It explores ways to cultivate and find humor in everyday life.
• Institutional Learning Outcomes (ILO) Update
Presented by Robyn Wornall, Stephanie Burns and John Dotta
This workshop will be devoted to exploring the proposed Institutional Learning Outcomes (ILOs). Participants will have the opportunity to practice mapping their course- and program-level outcomes to the proposed ILOs, providing feedback and further guidance in establishing the new Napa Valley College Institutional Learning Outcomes.
• Reading Apprenticeship (RA)
Presented by Lisa Yanover
Brief overview, RA strategies, & Q & A. Reading Apprenticeship™ (RA) assists teachers to support students across disciplines to become motivated, strategic, critical readers, thinkers, and writers. In addition, this workshop will assist faculty in helping students to develop positive literacy identities and to engage with challenging academic texts.
• Theater as a Classroom
Presented by Jennifer King
Learn how theater can enhance any classroom through fun and interactive performance skills techniques. | <p>Community Room</p> <p>1761</p> <p>1738</p> <p>1770</p> <p>PAC</p> |
|------------------------------|--|---|

- **Create an Interactive Syllabus for your Students for all Types of Classes** **1772**
Presented by Cathy Gillis

In a world of instant messaging and social media, many instructors find the traditional text and paper approach to publishing a course syllabus lacks luster and is unpopular with today's tech savvy students. Moving towards something more interactive is a good step toward helping students stay on track, and it's something students will view regularly throughout the term. Bring your current syllabi (finished or not) on your flash drive or via email to add interactive elements during this session.

1:45 p.m. – 2:00 p.m. Break

2:00 p.m. – 3:30 p.m. Division/Department Meetings

Arts & Humanities	3706 Art Building
Business & Computer Studies Technical	CJTC Conf. Room
Counseling	Transfer Center
Health Occupations	HEOC Conf. Room
Language & Developmental Studies	836
Physical Education & Athletics	PE Conf. Room
Social Science	Community Room
Science, Mathematics & Engineering	2041 Anatomy Lab

Thank you to:

Presenters:

- Dr. Sandra Nichols, Ph.D.
- Kate Benscoter
- Nancy Chaplin
- Lisa Yanover
- Kristie Iwamoto
- Jennifer King
- Jose Sanchez
- Denise Rosselli
- Melissa Bartholomew
- Cathy Gillis
- Ken Arnold
- Robyn Wornall
- John Dotta
- Stephanie Burns
- Shawna Bynum
- Victoria Brown, MHN
- Division Chairs
- Department Coordinators
- Bill Blair, NVC Board of Trustees
- Dr. Ronald Kraft, Superintendent/President
- Faye Smyle, Interim Vice President, Instruction
- Oscar de Haro, Vice President, Student Services
- Maria Biddenback, Academic Senate President
- Rebecca Scott, Dean Library and LLRC

Those who helped behind the scenes:

- Carolyn Sanchez
- Amy Guan
- Jan Schardt
- NVC Café staff
- Solange Kada
- Glenna Aguada
- Rick Foley
- Nitu Singh
- NVC Facilities and Custodial Staff
- Tereasa Snowden
- Choolwe Kalulu
- Sandy Ross
- Liz Gomez
- James Weston
- Napa Valley College Board of Trustees
- Faculty Professional Development Committee
- Staff Development Committee
- Napa Valley College Estate Winery