## Activity #2: Grit Homework

## Name:

Watch the TED Talk and read the article then respond to following questions using complete sentences. Please be sure to address each question thoroughly and honestly.

TED Talk: <a href="http://www.ted.com/talks/angela-lee-duckworth-the-key-to-success-grit">http://www.ted.com/talks/angela-lee-duckworth-the-key-to-success-grit</a>

Article: <a href="http://www.ascd.org/publications/educational-leadership/sept13/vol71/num01/The-Significance-of-Grit@-A-Conversation-with-Angela-Lee-Duckworth.aspx">http://www.ascd.org/publications/educational-leadership/sept13/vol71/num01/The-Significance-of-Grit@-A-Conversation-with-Angela-Lee-Duckworth.aspx</a>

1. How does Angela Lee Duckworth define grit, and what is the best way to build grit? What is her reason for why this works?

2. What does she mean by saying that "grit and talent either aren't related at all or are actually inversely related?"

3.	What do you think of study involving the West Point Military Academy cadets?
4.	In what ways are the content from the video and article related to our class?
5.	Imagine you are talking to a friend who is thinking about giving up on an important goal. Based on Duckworth's work, what advice would you offer your friend?