

## Napa Valley College General Education Worksheet

General Education, Kinesiology, Dance & Health Education, and American History and Institutions Requirements  
for the Associate of Arts (A.A.) and Associate of Science (A.S.) degrees  
Effective dates: fall 2022 through summer 2023

Student name:			Student ID #:	
A.A. major:			A.S. major:	
External Transcript (name):			Degree Applicable units:	
Graduation date:	FA 22	SP23	SU 23	Military used for credit

The following are the General Education, Kinesiology, Dance & Health Education, and American History and Institutions requirements for the local Associate of Arts and/or an Associate of Science degree from Napa Valley College.

If you are a transfer student, choose only courses that appear both here and on the appropriate transfer general education/breadth sheet (either the CSU-GE or IGETC advising sheet). Students who have already earned a bachelor's degree or higher from a regionally accredited university are exempted from local NVC GE and graduation requirements.

For the complete list of graduation requirements and deadlines which include, units, scholarship, residency, major, competencies and petition for graduation, please refer to the [Napa Valley College Catalog](#).

Consult with an [Academic Counselor](#) for more information.

### GENERAL EDUCATION REQUIREMENTS for A.A. or A.S. degrees

A course may be used for only one category except in the case of Area E for the AS degree. Students are required to complete 18-21 semester units in Areas A through E below. C = Completed units; IP = In Progress units; N = Needed units				
<b>Area A: NATURAL SCIENCE</b> Select 1 course, minimum 3 units		<b>C</b>	<b>IP</b>	<b>N</b>
Anthropology 120 Astronomy 110, Biology 103, 105, 110, 112, 117, 120, 218 Chemistry 110, 111, 120 Earth Science 110 <b>NVC courses:</b>	Environmental Science 115 Geography 110 Geology 110 Health Occupations 100 Physics 110, 120, 140 <b>Course(s) from other Colleges:</b>			
+ indicates A.A. degree only: courses chosen to satisfy the History and Institutions requirement cannot be used to satisfy Area B. An additional course must be selected from the area above (not including +) to satisfy Area B requirements.				
<b>Area B: SOCIAL &amp; BEHAVIORAL SCIENCE</b> Select 1 course, minimum 3 units		<b>C</b>	<b>IP</b>	<b>N</b>
Administration of Justice 121, 122, 125 Anthropology 121, 122, 130, 131, 145, 150, 180, 200 Child Family Studies 120, 140, 180 Economics 100, 101, 120 Engineering 110 Geography 101 <b>NVC courses:</b>	History 120+, 121+, 122, 123, 140, 142, 145, 150+, 152+ Human Services 120 Lesbian Gay Bisexual Transgender 120, 121 Political Science 120+, 125, 135, 140 Psychology 120, 123, 124, 125, 126, 128, 135, 220 Sociology 120, 122, 130, 140, 150, 190 Speech Communications 126 <b>Course(s) from other Colleges:</b>			
<b>Area C: HUMANITIES</b> Select 1 course, minimum 3 units. Note: * indicates courses formerly in Humanities		<b>C</b>	<b>IP</b>	<b>N</b>
American Sign Language 120, 121 Anthropology 150 Art History 101, 105, 106, 118, 130, 135, 180 Arts 100 Child Family Studies 145 Dance 160, 170 Digital Art & Design 101, 120 English 121, 123, 213, 214, 215, 216, 220, 224, 226, 228, 231 Ethnic Studies 100*, 101*, 111, 112*, 113*, 114, 115, 160*, 161	French 120, 121 History 122, 123 Humanities 125, 151, 174 Italian 120, 121 Music 110, 112, 113, 114, 121, 122 Philosophy 120, 121, 125, 127, 128, 129, 131, 133, 134, 137 Photography 120, 180 Spanish 111, 120, 121, 240, 241, 280, 281, 282 Theater 100, 105			

Film 100, 101, 102, 105 110, 115, 120, 121, 125A, 125B, 125C, 125D <b>NVC courses:</b>	<b>Course(s) from other Colleges:</b>			
<b>Area D: LANGUAGE &amp; RATIONALITY</b> minimum 9 units (select 1 course from D1, D2, & D3)		<b>C</b>	<b>IP</b>	<b>N</b>
<b>Area D1: ENGLISH COMPOSITION</b> Select 1 course, minimum 3 units				
English 120, 120B <b>NVC courses:</b>	<b>Course(s) from other Colleges:</b>			
<b>Area D2: MATHEMATICS</b> Select 1 course, minimum 3 units		<b>C</b>	<b>IP</b>	<b>N</b>
Math 94, 95, 99, 106, 108, 115, 120, 121, 130, 220, 221, 222, 232, 235 <b>NVC courses:</b>	Technical Math 107 <b>Course(s) from other Colleges:</b>			
<b>Area D3: COMMUNICATION &amp; ANALYTICAL THINKING</b> Select 1 course, minimum 3 units (Courses with * may be less than 3 units)		<b>C</b>	<b>IP</b>	<b>N</b>
Administration of Justice 123, 124 American Sign Language 120 Anthropology 150, 200 Biology 103, 110, 112, 120, 219, 220, 240, 241 Business 103, 297 Chemistry 110, 111, 120, 121 Child Family Studies 123, 135, 140, 155 Counseling 100 Earth Science 110 Economics 100, 101 English 121, 123, 125, 200, 201, 202, 213, 214, 215, 216, 220 English as a Second Language 106 Film 110 Health Occupations 101 <b>NVC courses:</b>	Humanities 100, 101, 125, Library 100* Math 90, 93, 94, 95, 97, 99, 106, 108, 115, 120, 121, 220, 221, 222, 232, 235 Philosophy 120, 121, 125, 126, 131 Physics 110, 120, 121, 140, 240 Political Science 125, 135, 140 Psychology 124, 135, 220 Respiratory Therapy 120 Sociology 122, 190 Spanish 240, 241, 280, 281, Speech Communications 120, 122, 124, 126, 128 Technical Math 92, 107 Theater 110, 140*, 156*, 210, 244 <b>Course(s) from other Colleges:</b>			
<b>Area E: MULTICULTURAL/GENDER STUDIES</b> minimum 3 units		<b>C</b>	<b>IP</b>	<b>N</b>
Effective Fall 2001 for the A.S. Degree only, select 3 units from courses below which may double count for one other area of GE. Note: * indicates course formerly in Humanities				
Administration of Justice 123 Anthropology 121, 145, 150, 180 Child Family Studies 140, 180 English 224, 226 Ethnic Studies 100*, 101*, 111, 112*, 113*, 114, 115 160*, 161 Film 110 History 145, 150, 152, 165 Hospitality, Culinary, & Tourism 126 <b>NVC courses:</b>	Human Services 124 Humanities 125, 151, 174 Lesbian Gay Bisexual Transgender 120, 121 Music 113 Photography 182 Psychology 128 Sociology 130, 140, 150 Speech Communications 126 Theater 105 <b>Course(s) from other Colleges:</b>			
<b>ADDITIONAL GRADUATION REQUIREMENTS:</b> Required for A.A or A.S.		<b>C</b>	<b>IP</b>	<b>N</b>
<b>Kinesiology, Dance &amp; Health Education</b> minimum 3 units				
A Kinesiology course, a Dance course, or Health Education 106 <b>NVC courses:</b>	Exemptions: 1. Students majoring in Health Occupations. 2. Veterans with six months service receive unit credit for this requirement. 3. Completion of Police Academy. <b>Course(s) from other Colleges:</b>			
<b>American History / Institutions:</b> Required for A.A. Degrees Only. Courses chosen to satisfy this requirement cannot be double counted to satisfy Area B-Social Sciences. Select one course from Group 1 <b>and</b> one course from Group 2.		<b>C</b>	<b>IP</b>	<b>N</b>
Group 1: History 120, 121, 150, 152, 165 <b>NVC courses:</b>	Group 2: Political Science 120 <b>Course(s) from other Colleges:</b>			